

## Annual monitoring report

2018/2019 school year<br>Country: Finland<br>Received on: 31-01-2020

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.
Figures on budget execution (31 December 2019) are preliminary: corrections are possible and payments may still be made.

### 1.1. Expenditure for the supply/distribution of products (EUR)

|  | School fruit and vegetables |  |  | School milk |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fresh | Processed | Total fruits and vegetables | Drinking milk and lactose-free versions | Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa | Milk products with added flavouring, fruit, nuts or cocoa | Total milk and milk products |  |
| EU aid | 443.803 | 0 | 443.803 | 2.271 .336 | 241.657 | 31.464 | 2.544.457 | 2.988.260 |
| National Funds | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| of which: Public |  |  | 0 |  |  |  | 0 | 0 |
| of which: Private |  |  | 0 |  |  |  | 0 | 0 |
| Comments |  |  |  |  |  |  |  |  |

### 1.2. Expenditure for the educational measures (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 142.765 | 333.118 | $\mathbf{4 7 5 . 8 8 3}$ |
| National Funds | 0 | 0 | $\mathbf{0}$ |
| of which: Public |  |  |  |
| of which: Private |  |  |  |
| Comments |  |  |  |

1.3. Expenditure for information, monitoring and evaluation (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | :---: | :---: | :---: |
| EU aid | 0 | 0 | $\mathbf{0}$ |
| National Funds | 0 | 0 | 0 |
| of which: Public |  |  |  |
| of which: Private |  |  |  |
| Comments |  |  |  |

2.1 Participating children

|  | Participating children |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of children | Number of children who participated in the school fruit and vegetables part | Number of children who participated in the school milk part |
| Nurseries/Pre-schools | 167.704 |  | 167.704 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 484.565 | 188.928 | 482.859 |
| Secondary schools | 146.963 |  | 146.963 |
| Total | 799.232 | 188.928 | 797.526 |
| Comments | Primary schools include children in comprehensive school, classes 1-10. Techically classes 7-10 could be considered as secondary school but for the purposes of the scheme this division is more appropriate. | Target group: children in primary schools. | Lower numbers than in 2017/2018: changes made to the scheme in that year may have negatively affected participation in 2018/2019 |

### 2.2 Number of children in the target group

|  | Number of children in the <br> target group set out in the <br> strategy |  |  |
| :--- | :--- | :---: | :---: |
| Nurseries/Pre-schools |  |  |  |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools |  |  |  |
| Secondary schools |  |  |  |
| Total |  |  |  |
| Comments |  |  |  |



### 2.3 Total number of children

|  | Number of children eligible <br> for the EU school fruit, <br> vegetables and milk <br> scheme |  |  |
| :--- | :--- | :---: | :---: |
| Nurseries/Pre-schools |  |  |  |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools |  |  |  |
| Secondary schools |  |  |  |
| Total |  |  |  |
| Comments |  |  |  |



### 3.1 Participating schools

|  | Participating schools |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of schools | Number of schools that participated in the school fruit and vegetables part | Number of schools that participated in the school milk part |
| Nurseries/Pre-schools | 2.562 |  | 2.562 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 2.413 | 863 | 2.399 |
| Secondary schools | 419 |  | 419 |
| Total | 5.394 | 863 | 5.380 |
| Comments |  |  | Lower numbers than in 2017/2018: changes made to the scheme in that year may have negatively affected participation in 2018/2019 |

### 3.2 Number of schools in the target group

|  | Number of schools in the target <br> group | School fruit and vegetables part <br> of the scheme | School milk part of the scheme |
| :--- | :--- | :--- | :--- |
| Nurseries/Pre-schools |  |  |  |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools |  |  |  |
| Secondary schools Total |  |  |  |
| Comments  |  |  |  |

### 3.3 Total number of schools

| Nurseries/Pre-schools |  |
| :--- | :--- |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools |  |
| Secondary schools |  |
| Total |  |
| Comments |  |



### 4.1.1 Fresh fruit

|  | List |
| :--- | :--- |
| Apples |  |
| Apricots |  |
| Aromatic Herbs |  |
| Avocadoes |  |
| Bananas |  |
| Berries |  |
| Cherries |  |
| Citrus Fruit |  |
| Figs |  |
| Grapes |  |
| Guavas/Mangoes |  |
| Kiwis |  |
| Melons |  |
| Nuts |  |
| Peaches/Nectarines |  |
| Pears |  |
| Pineapples |  |
| Plums |  |
| Quinces |  |
| Strawberries |  |
| Watermelons |  |
| Comments |  |
| angenberry and currants. Bananas fruits: only in the spring |  |
| term. |  |

### 4.1.3 Processed fruit and vegetables

|  | List |
| :--- | :--- |
| Fruit Juices |  |
| Fruit Purées/Compotes |  |
| Jams/Marmalades |  |
| Dried Fruits |  |
| Vegetable Juices |  |
| Vegetables Soups |  |
| Other: |  |
| Comments |  |

### 4.1.2 Fresh vegetables

|  | List |
| :---: | :---: |
| Artichokes |  |
| Asparagus |  |
| Aubergines |  |
| Beet |  |
| Broccoli |  |
| Cabbages |  |
| Carrots | $\checkmark$ |
| Cauliflowers |  |
| Celery |  |
| Chicory |  |
| Courgettes |  |
| Cucumbers | $\checkmark$ |
| Fennel |  |
| Kohlrabi |  |
| Kale |  |
| Garlic |  |
| Gherkins |  |
| Leeks |  |
| Lettuce |  |
| Mushrooms |  |
| Onions |  |
| Parsnips |  |
| Peas | $\checkmark$ |
| Peppers |  |
| Pulses |  |
| Pumpkins |  |
| Radishes |  |
| Rutabagas | $\checkmark$ |
| Salad beetroo |  |
| Salsifis |  |
| Spinach |  |
| Tomatoes | $\checkmark$ |
| Turnips |  |
| Comments |  |

### 4.1.4 Milk and milk products

|  | List |
| :--- | :---: |
| Drinking milk or lactose-free versions | $\checkmark$ |
| Cheese and curd | $\checkmark$ |
| Plain yoghurt | $\checkmark$ |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | $\checkmark$ |
| Milk products without fruit juice, naturally <br> flavoured |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured |  |
| Milk-based drinks with cocoa, with fruit <br> juice or naturally flavoured |  |
| Fermented or non-fermented milk products <br> with fruit, naturally flavoured or non- <br> flavoured |  |
| Comments |  |



### 4.1.5 Other agricultural products that children tasted as part of educational measures

|  | List |
| :--- | :--- |
| Table olives |  |
| Olive oil |  |
| Honey |  |
| Other: |  |
| Comments |  |



## 4.1.a) Priorities for the choice of school fruit, vegetables and milk

|  | Yes/No | Comments |
| :--- | :--- | :--- |
| Local/regional purchasing |  |  |
| Organic products |  |  |
| Short supply chains |  |  |
| Quality schemes |  |  |
| Fair trade |  |  |
| Other: |  |  |

### 4.2 Average size of portion of school fruit, vegetables and milk ( $\mathrm{Kg} / \mathrm{Lt}$ )

|  | School fruit and vegetables | School milk |
| :--- | :--- | :--- |
| Liters | 0,03 |  |
| Comments | Aid is limited to 0,15 kilograms of <br> products per student per day. Aid is <br> paid for the actual amount <br> purchased. Therefore, the portion size <br> is lower than what it could be based <br> on the maximum possible amount. | Aid is limited at 0,25 litres of products <br> per student per day. Aid is paid for the <br> actual amount purchased. Therefore, <br> the portion size is lower than what it <br> could be based on the maximum <br> possible amount. |

4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

|  | School fruit and vegetables | School milk |  |  |
| :--- | :--- | ---: | :---: | :---: |
| EU aid | 0,04 | 0,02 |  |  |
| National aid (private/public) | lid is paid for the actual amount purchased, not the maximum possible <br> amount. Therefore, the average cost of the portion is lower than what it could <br> be. |  |  |  |
| Comments |  |  |  |  |

## 4.3.a Average cost of portion of apples in bulk (EUR)

|  | Portion of apples in bulk |
| :--- | :--- |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |

## 4.3.b Average cost of portion of drinking milk (EUR)

|  | Portion of drinking milk |
| :--- | :--- |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |

### 4.4. Frequency of supply/distribution of school fruit, vegetables and milk

|  | School fruit and vegetables | School milk |
| :--- | :--- | :--- |
| Once per week |  |  |
| Twice per week |  |  |
| Three times per week |  |  |
| Four times per week |  |  |
| Daily |  |  |
| Other: | Two application periods. 1.8.- <br> 31.10.2018 and 1.2.-30.4.2019. <br> Products supplied daily within those <br> periods. |  |
| Comments |  |  |

### 4.5. Duration of supply/distribution of fruit, vegetables and milk

|  | School fruit and vegetables | School milk |
| :--- | :--- | :---: |
| $\leq 2$ weeks |  |  |
| $>2$ and $\leq 4$ weeks |  |  |
| $>4$ and $\leq 12$ weeks |  |  |
| $>12$ and $\leq 24$ weeks |  |  |
| $>24$ and $\leq 36$ weeks |  |  |
| Entire school year |  |  |
| Comments | As described above. |  |

### 4.6.1 Fresh fruit and vegetables

|  |  | Quantity | Comments |
| :--- | :--- | ---: | ---: |
| Fresh fruit and vegetables | Quantity in kg | 497.189 |  |
| Of which: Fruit | Quantity in kg | 192.499 |  |
| Of which: Vegetables | Quantity in kg | 304.690 |  |

### 4.6.2 Processed fruit and vegetables

| Processed fruit and vegetables |  | Quantity in kg | Quantity |
| :--- | :--- | :--- | :--- |
|  | Quantity in litres |  |  |
|  | Of which: Fruit juices | Quantity in litres |  |

4.6.3 Milk and milk products

|  |  | Quantity | Comments |
| :--- | :--- | ---: | :--- |
| Drinking milk and lactose-free versions | Quantity in litres | 15.410 .881 |  |
| Cheese and curd | Quantity in kg | 179.645 |  |
| Plain yoghurt | Quantity in kg | 451.416 | This includes also plain quark and plain curdled milk. The quantity is reported here <br> so that the litres for sour milk can be reported in the next row. |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | Quantity in kg | 1.202 .094 | This includes only sour milk so the quantity is in fact in litres, not in kilograms. |
| Milk products without fruit juice, <br> naturally flavoured | Quantity in kg | 0 |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured | Quantity in kg | 0 |  |
| Milk-based drinks with cocoa, with fruit <br> juice or naturally flavoured | Quantity in litres | 0 |  |
| Milk products with fruit, naturally <br> flavoured or non-flavoured | Quantity in kg | 0 |  |

4.6.4 Other agricultural products

| Olive/olive oil |  | Quantity |  |
| :--- | :--- | ---: | :--- |
| Honey | Quantity in kg | 0 |  |
|  | Quantity in litres | 0 |  |
| Others: | Quantity in kg | 0 |  |

### 5.1 Educational measures carried out

|  |  | Number of schoolchildren | Comments |
| :---: | :---: | :---: | :---: |
| Type of measure | School gardens | 0 | RuokaTutka doesn't have measures that involve school gardens |
|  | Visits to farms, dairies, famers' markets and similar activities | 48.650 | Three YouTube-videos for children: one about RuokaTutka in general shot at farms, one about a visit to a cucumber farm and one about a visit to a dairy farm. The combined viewer number is an estimate based on YouTube and Instagram reaches of unique viewers. |
|  | Tasting classes, cooking workshops, other | 281.870 | YouTube videos for children. Themes: 1. Ways to use vegetables in different foods 2. A cooking competition for kids 3. An eating competition of veggies 4. Making a smoothie 5. A tasting class video. In addition to the videos directed to children a number of teachers' tasting class etc videos has been produced in RuokaTutka. This has potentially reached thousands of kids indirectly. |
|  | Lessons, lectures, workshops | 0 | No data available on whether teachers have used Ruokatutka materials as part of school lessons |
|  | Other activities: competitions, games, themed periods ... | 163.952 | The number includes unique viewers of online exercises, games, tests and competitions, social media challenge reaches and augmented reality app users. In addition to this number RuokaTutka has been present in schools and daycare centers because of the poster sent to them (5610 units). |

### 5.2 Theme(s) of the educational measures carried out

|  |  |  | Comments |
| :---: | :---: | :---: | :---: |
| Theme(s) | Reconnection of children to agriculture | Yes |  |
|  | Healthy eating habits | Yes |  |
|  | Local food chains | Yes |  |
|  | Organic | Yes |  |
|  | Sustainable production | No |  |
|  | Food waste | Yes |  |
|  | Other: please specify under comments | Yes | Cooking, Media education, School lunch, Future of food production. |

## LEARNING ABOUT

FOOD \& AGRICULTURE

## 6. Communication activities carried out

|  |  | Yes/No | Comments |
| :---: | :---: | :---: | :---: |
| Activity carried out/tool used |  |  | The poster is visually a part of the Food Radar campaign. |
|  | Poster at school premises | Yes |  |
|  | Poster at other relevant places | No |  |
|  | Dedicated website(s) | No |  |
|  | Informative graphic material | No |  |
|  | Information and awareness campaign (TV, radio, social media) | No |  |
|  | Others (e.g. networking activities) | No |  |



## 7. Authorities and stakeholders involved

|  |  |  | Name | Involved in Planning | Involved in Implementation | Involved in Monitoring | Involved in Evaluation | How |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Public authority/ Private stakeholder | Agriculture | Authority | Maa- ja metsätalousministeriö | Yes | Yes | No | Yes | Ministry of Agriculture and Forestry, directioal ministry of the school scheme. The implementation of the scheme is in Finnish Food Authority under the Ministry. The Ministry is responsible for the legislation. |
|  |  | Stakeholder | Maa- ja metsätaloustuottajain keskusliitto MTK | Yes | No | No | No | The Central Union of Agricultural Producers and Forest Owners (MTK), participated in information events, possibility to comment on national legislation. |
|  | Health and Nutrition | Authority | Sosiaali- ja terveysministeriö | Yes | No | No | No | Ministry of Social Affairs and Health, participated in information events, possibility to comment on national legislation. |
|  |  | Stakeholder | Terveyden ja hyvinvoinnin laitos | Yes | No | No | No | National Institute for Health and Welfare, participated in information events, possibility to comment on national legislation. |
|  | Education | Authority | Opetus- ja kulttuuriministeriö | Yes | No | No | No | Ministry of Education and Culture, participated in information events, possibility to comment on national legislation. |
|  |  | Stakeholder | Opetushallitus | Yes | No | No | No | Finnish National Agency for Education, participated in information events, possibility to comment on national legislation. |
|  | Other | Authority | Valtiovarainministeriö | Yes | No | No | No | Ministry of Finance, participates in the planning of national legislation. |
|  |  |  | Cocomms Oy | Yes | Yes | Yes | No | Cocomms Ltd, carries out the campaign RuokaTutka which is our additional educational measures campaign. |

