## The EU school fruit, vegetables and milk scheme



# Annual monitoring report 

2021/2022 school year

Country: Estonia
Generated on: 08/06/2023

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.
Figures on budget execution (31 December 2021) are preliminary: corrections are possible and payments may still be made.

## 1. Budget execution

1.1. Expenditure for the supply/distribution of products (EUR)

|  | School fruit and vegetables |  |  | School milk |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fresh | Processed | Total fruits and vegetables | Drinking milk and lactose-free versions | Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa | Milk products with added flavouring, fruit, nuts or cocoa | Total milk and milk products |  |
| EU aid | 410502 | 3954 | 414456 | 599182 | 108383 | 0 | 707565 | 1122021 |
| National Funds | 599058 | 5771 | 604829 | 999292 | 180756 | 0 | 1180048 | 1784877 |
| of which: Public | 599058 | 5771 | 604829 | 999292 | 180756 |  | 1180048 | 1784877 |
| of which: Private |  |  | 0 |  |  |  | 0 | 0 |
| Comments |  | Frozen berries |  |  | fermented or acidified milk products, most popular kephir |  |  |  |

1.2. Expenditure for the educational measures (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 38137 | 10149 | $\mathbf{4 8} \mathbf{2 8 6}$ |
| National Funds | 72194 | 33551 | $\mathbf{1 0 5 7 4 5}$ |
| of which: Public | 72194 | 33551 |  |
| of which: Private |  |  |  |
| Comments | Horizontal action. | Horizontal action. |  |

1.3. Expenditure for information, monitoring and evaluation (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 0 | 0 | $\mathbf{0}$ |
| National Funds | 14784 | 14784 | $\mathbf{2 9 5 6 8}$ |
| of which: Public | 14784 | 14784 |  |
| of which: Private | 0 | 0 |  |
| Comments | National evaluation <br> report/study | National evaluation <br> report/study |  |

### 2.1 Participating children

|  | Participating children |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of children | Number of children who participated in the school fruit and vegetables part | Number of children who participated in the school milk part |
| Nurseries/Pre-schools | 63504 | 60716 | 63172 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 121780 | 67448 | 121780 |
| Secondary schools | 37305 |  | 37305 |
| Total | 222589 |  | 222257 |
| Comments | Secondary schools data includes vocational secondary schools. Calculation based on ratio from 2.2 table, because schools have combined structure |  | Secondary schools data includes vocational secondary schools. Calculation based on ratio from 2.2 table, because schools have combined structure |

### 2.2 Number of children in the target group

|  | Number of children in the target group set out in the strategy |
| :---: | :---: |
| Nurseries/Pre-schools | 66979 |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools | 132965 |
| Secondary schools | 40256 |
| Total | 240200 |
| Comments | Secondary schools data includes vocational secondary schools(10 645 children) |

### 2.3 Total number of children

|  | Number of children eligible <br> for the EU school fruit, <br> vegetables and milk scheme |
| :--- | ---: |
| Nurseries/Pre-schools | 66979 |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools | $\mathbf{2 4 0 2 9 6 5}$ |
| Secondary schools | Total |
|  | Secondary schools data includes <br> vocational secondary schools(10 <br> 645 children) |
| Comments |  |

### 3.1 Participating schools

|  | Participating schools |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of schools | Number of schools that participated in the school fruit and vegetables part | Number of schools that participated in the school milk part |
| Nurseries/Pre-schools | 436 | 413 | 433 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 258 | 225 | 252 |
| Secondary schools | 167 | 121 | 167 |
| Total | 861 | 759 | 852 |
| Comments |  | The target group preschools and 1 to 5th grade. Schools have combined structure i.e. Secondary schools and primary schools can be united structure. |  |

### 3.2 Number of schools in the target group

|  | Number of educational establishments in the target group set out in the strategy |
| :---: | :---: |
| Nurseries/Pre-schools | 597 |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools | 349 |
| Secondary schools | 195 |
| Total | 1141 |
| Comments | Additional division by 2021/2022 schoolyear: I school level(1-3 grades) 48 schools, primary schools 301, secondary schools 158, and secondary schools includes 37vocational school. |

### 3.3 Total number of schools

| Nurseries/Pre-schools | 597 |
| :---: | :---: |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools | 349 |
| Secondary schools | 195 |
| Total | 1141 |
| Comments | Additional division by 2021/2022 schoolyear: I school level(1-3 grades) 48 schools, primary schools 301, secondary schools 158, and secondary schools includes 37vocational school. |

### 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

### 4.1.1 Fresh fruit

|  | List |
| :--- | :---: |
| Apples | $\checkmark$ |
| Apricots |  |
| Aromatic Herbs |  |
| Avocadoes |  |
| Bananas |  |
| Berries |  |
| Cherries |  |
| Citrus Fruit |  |
| Figs |  |
| Grapes |  |
| Guavas/Mangoes |  |
| Kiwis |  |
| Melons |  |
| Nuts |  |
| Peaches/Nectarines |  |
| Pears |  |
| Pineapples |  |
| Plums |  |
| Quinces |  |
| Strawberries |  |
| Watermelons |  |
| Comments |  |
|  |  |

### 4.1.3 Processed fruit and vegetables

|  | List |
| :--- | :--- |
| Fruit Juices |  |
| Fruit Purées/Compotes |  |
| Jams/Marmalades |  |
| Dried Fruits |  |
| Vegetable Juices |  |
| Vegetables Soups | $\checkmark$ |
| Other: | Frozen Berries are included. <br> Additional products may be in <br> some cases used only as co- <br> products in accompanying <br> measures. Activities connected to <br> preparation of food, exhibition, <br> taste classes, healthy diet. |
| Comments |  |

### 4.1.2 Fresh vegetables

|  | List |
| :---: | :---: |
| Artichokes | $\checkmark$ |
| Asparagus | $\checkmark$ |
| Aubergines |  |
| Beet | $\checkmark$ |
| Broccoli | $\checkmark$ |
| Cabbages | $\checkmark$ |
| Carrots | $\checkmark$ |
| Cauliflowers | $\checkmark$ |
| Celery | $\checkmark$ |
| Chicory | $\checkmark$ |
| Courgettes | $\checkmark$ |
| Cucumbers | $\checkmark$ |
| Fennel |  |
| Kohlrabi | $\checkmark$ |
| Kale | $\checkmark$ |
| Garlic |  |
| Gherkins |  |
| Leeks |  |
| Lettuce | $\checkmark$ |
| Mushrooms |  |
| Onions |  |
| Parsnips |  |
| Peas | $\checkmark$ |
| Peppers | $\checkmark$ |
| Pulses | $\checkmark$ |
| Pumpkins | $\checkmark$ |
| Radishes | $\checkmark$ |
| Rutabagas | $\checkmark$ |
| Salad beetroot | $\checkmark$ |
| Salsifis |  |
| Spinach | $\checkmark$ |
| Tomatoes | $\checkmark$ |
| Turnips | $\checkmark$ |
| Comments |  |

### 4.1.4 Milk and milk products

|  | List |
| :--- | :---: |
| Drinking milk or lactose-free versions | $\checkmark$ |
| Cheese and curd |  |
| Plain yoghurt | $\checkmark$ |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | $\checkmark$ |
| Milk products without fruit juice, naturally <br> flavoured |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured |  |
| Milk-based drinks with cocoa, with fruit juice <br> or naturally flavoured |  |
| Fermented or non-fermented milk products <br> with fruit, naturally flavoured or non- <br> flavoured |  |
| Comments | Additional products may be in some cases <br> used only as co-products or mixing in <br> accompanying measures. Activities <br> connected to preparatio of food, <br> exhibition, taste classes, healthy diet. |



### 4.1.5 Other agricultural products that children tasted as part of educational measures

|  |  |
| :--- | :--- |
| Table olives |  |
| Olive oil |  |
| Honey |  |
| Other: |  |
| Comments |  |



## 4.1.a) Priorities for the choice of school fruit, vegetables and milk

|  | Yes/No | Comments |
| :--- | :---: | :---: |
| Local/regional purchasing | No |  |
| Organic products | No | For information, separate scheme will be |
| Short supply chains | No |  |
| Quality schemes | No |  |
| Fair trade | No |  |
| Other: | No |  |

4.2 Average size of portion of school fruit, vegetables and milk ( $\mathrm{Kg} / \mathrm{Lt}$ )

|  |  | School fruit and vegetables | School milk |
| :---: | :---: | :---: | :---: |
|  | Kg | 0.10 | 0.26 |
|  | Liters | 0.00 | 0.25 |
| Comments |  | For information: school fruit and vegetables offer different variety, recommendations are available for individual portion of approximate quantity (80-100 grams). There should be a single approach to calculate average size and cost(excel) | For information: maximum daily amount of eligible milk or milk products per student is 0.25 liters( 250 ml ). For calculating milk liter to kg we are using coefficient 1,03 . |

4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

|  | School fruit and vegetables | School milk |
| :--- | :--- | :--- |
| EU aid |  | 0.04 |
| National aid (private/public) |  | 0.06 |

## 4.3.a Average cost of portion of apples in bulk (EUR)

|  | Portion of apples in bulk |
| :--- | :---: |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |

## 4.3.b Average cost of portion of drinking milk (EUR)

|  | Portion of drinking milk |
| :--- | :---: |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |


4.4. Frequency of supply/distribution of school fruit, vegetables and milk

|  | School fruit and vegetables | School milk |
| :---: | :---: | :---: |
| Once per week |  |  |
| Twice per week |  |  |
| Three times per week |  |  |
| Four times per week |  |  |
| Daily |  |  |
| Other: | $\checkmark$ | $\checkmark$ |
| Comments | Commonly used frequency of supply/distribution of school fruit, vegetables is on daily basis. However the number of product offerings is not limited during the application period, and providers of products have discretion in this area. | Commonly used frequency of supply/distribution of school milk products is on daily basis. However the number of product offerings is not limited during the application period, and providers of products have discretion in this area. |

### 4.5. Duration of supply/distribution of fruit, vegetables and milk

|  | School fruit and vegetables | School milk |
| :--- | :---: | :---: |
| $\leq 2$ weeks |  |  |
| $>2$ and $\leq 4$ weeks |  |  |
| $>4$ and $\leq 12$ weeks |  |  |
| $>12$ and $\leq 24$ weeks |  |  |
| $>24$ and $\leq 36$ weeks |  |  |
| Entire school year |  |  |
| Other: please specify under comments |  |  |
| Comments |  |  |

## 4.5.a. Supplied/distributed portions

|  | School fruit and vegetables | School milk |
| :--- | :---: | :---: |
| Number of portions supplied/distributed per <br> child | 77 | 61 |
| Comments |  |  |

### 4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

### 4.6.1 Fresh fruit and vegetables

|  |  | Quantity | Of which organic products | Comments |
| :--- | :--- | ---: | :--- | :--- |
| Fresh fruit and vegetables | Quantity in kg | 983871 |  | Included berries |
| Of which: Fruit | Quantity in kg | 523883 |  | Included fruit and berries(frozen berries) |
| Of which: Vegetables | Quantity in kg | 459988 |  |  |

### 4.6.2 Processed fruit and vegetables

|  |  | Quantity | Of which organic products | Comments |
| :---: | :---: | :---: | :---: | :---: |
| Processed fruit and vegetables | Quantity in kg | 9921 | 0 | Frozen berries- considered as an alternative to fresh berries during off season period and must also be inconsistence with the article 23(6) of the basic act. Organic product are not separately divided. |
|  | Quantity in litres | 0 | 0 |  |
| Of which: Fruit juices | Quantity in litres | 0 | 0 |  |
| Of which: Fruit purees/compotes | Quantity in kg | 0 | 0 |  |
| Of which: Jams/Marmalades | Quantity in kg | 0 | 0 |  |
| Of which: Dried fruits | Quantity in kg | 0 | 0 |  |
| Of which: Vegetable juices | Quantity in litres | 0 | 0 |  |
| Of which: Vegetable soups | Quantity in litres | 0 | 0 |  |
| Of which: Other | Quantity in kg | 0 | 0 |  |

### 4.6.3 Milk and milk products

|  |  | Quantity | Of which organic products | Comments |
| :---: | :---: | :---: | :---: | :---: |
| Drinking milk and lactose-free versions | Quantity in litres | 2870865 |  | Most popular product in this category is 2,5\% milk Heat-treated unflavored milk (fat content of $2.5 \%$ ); Heat-treated unflavored whole milk (fat content at least3.5\%);Heat-treated unflavored milk, fat content 1.5\%-1.8\% |
| Cheese and curd | Quantity in kg | 0 |  |  |
| Plain yoghurt | Quantity in kg | 164831 |  | Unflavored full-cream yoghurt, fat content of at least 3.5\%;Unflavored milk yoghurt, fat content 1.5\%-3\% |
| Milk products without added sugar, flavouring, fruit, nuts or cocoa | Quantity in kg | 336545 |  | Most popular product in this category is kepfirKephir, fat content of $2.5 \%$; Unflavored sour milk, fat content:1.5 \% minimum; Acidified buttermilk fat content of up to $0.5 \%$ |
|  | Quantity in litres | 0 |  |  |
| Milk products without fruit juice, naturally flavoured | Quantity in kg | 0 |  |  |
| Milk products with fruit juice, naturally flavoured or non-flavoured | Quantity in kg | 0 |  |  |
| Milk-based drinks with cocoa, with fruit juice or naturally flavoured | Quantity in litres | 0 |  |  |
| Milk products with fruit, naturally flavoured or non-flavoured | Quantity in kg | 0 |  |  |

### 4.6.4 Other agricultural products

|  |  | Quantity | Of which organic products |  |
| :--- | :--- | ---: | :--- | :--- |
| Olive/olive oil | Quantity in kg | 0 |  |  |
|  | Quantity in litres | 0 |  |  |
| Honey | Quantity in kg | 0 |  |  |
| Others: | Quantity in kg | 0 |  |  |

### 5.1 Educational measures carried out

|  |  | Number of schoolchildren | Comments |
| :---: | :---: | :---: | :---: |
| Type of measure | School gardens | 1293 | For example: construction and maintenance, innovative solutions(water from rain usage in plants, etc) |
|  | Visits to farms, dairies, famers' markets and similar activities | 6549 | Visits to farms, industries, markets, short food chain producers etc. |
|  | Tasting classes, cooking workshops, other | 2002 | tasting classes, cooking workshop, food preparation. Activities may be combine to next column. |
|  | Lessons, lectures, workshops | 1636 | Lessons, lectures, theme days, photo or video contest. Activities may be combined to next column. |
|  | Other activities: competitions, games, themed periods ... | 5240 | This part of the activity has involvement to others activities or supportive role to all activities. |

### 5.2 Theme(s) of the educational measures carried out

|  |  | Yes/No | Comments |
| :---: | :---: | :---: | :---: |
| Theme(s) | Reconnection of children to agriculture | Yes | According to accompanying measures carried out real term activities: Milk farms, gardening farm or industries visit, workshops in farms, getting know farm animals, finger to soil activities etc |
|  | Healthy eating habits | Yes | According to accompanying measures carried out: preparing healthy food, cooking classes, promoting healthy food periodically (day, week), mixing products etc. |
|  | Local food chains | Yes | According to accompanying measures carried out: Visitinglocal farms which are concentrated to producing and marketing of milk products, fruit or vegetable products or combined producing. |
|  | Organic | Yes | According to accompanying measures carried out: Organic food day, organic school gardening practices, seminars, theme days(organic product labelling), visiting organic farms, workshops and discussions in schools. |
|  | Sustainable production | Yes | According to accompanying measures carried out: farm visits, industries visits, seminars, workshop, school gardens etc. Remark sustainability context is of course indirect, theme days sustainability is measurable more in economy terms. |
|  | Food waste | Yes | According to accompanying measures carried out; General approach to make children meet the farms and agricultural areas. Method learning by doing, getting more knowledge from producing is essential to make children start thinking of food chain. Honoring food is best way to increase awareness. |
|  | Other: please specify under comments | No |  |

## LEARNING ABOUT <br> FOOD \& AGRICULTURE

## 6. Communication activities carried out

|  |  |  |  |  |  |  | Yes/No | Comments |
| :--- | :--- | :---: | :--- | :---: | :---: | :---: | :---: | :---: |\(\left.| \begin{array}{l}Yequirements laid down in the <br>

Annex to Commission Delegated Regulation (EU) 2017/40\end{array}\right]\)


|  |  |  | Name | Involved in Planning | Involved in Implementation | Involved in Monitoring | Involved in Evaluation | Responsible for implementation / supervision /advice (if yes, please specify for which of those under comments) | Member of <br> Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments) | Participation in regular meetings | Events (conferences/semi nars, workshops ...) (if yes, please specify which event/s under comments) | Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments) | other lif yes, please specify under comments) | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 2 2 ¢ 年 | Agricultural Registers and Information Board | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No | Scheme implementation agency, direct information and active communication role in scheme. Training, monitoring, development. Close cooperation partner. https://app.powerbi.com/view?r=eyrrjjoiMDBiN2NINmItMigyOCOONGE 2LWJkYWQtMWE1NDRmYjc2ZjcxiwidCIIIm Y50WMOMjFjLTA1ZGItNGN iziounGNkLTkYWE4YzQ2MDFmOSIIImMiOil9 |
|  |  |  | Estonian chamber of Agriculture and Commerce | Yes | No | No | Yes | No | No | Yes | Yes | No | No | Partner organization from agriculture and industry, actively participates in the scheme and organizes various events. Open food industry week, educational activities, seminars etc |
|  |  |  | Ministry of Social Affairs | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | No | The institution responsible for public school meals. A partner in the theme of preventing food waste. Beneficiary of nutrition researches. |
|  |  |  | The National Institute for Health Development | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | No | The National Institute for Health Development is a government established research and development body collecting, connecting and providing reliable national information from a multitude of sources, related to the health of the Estonian population. Partner institution in scheme evaluation and research works |
|  |  |  | Ministry of Education and Research | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | No | The Ministry of Education and Research is responsible for the planning of education, research, youth and language related national policies and, in conjunction thereof, managing the fields of pre-primary, basic, general upper secondary, vocational secondary, higher, hobby and adult education, organizing research and development activities, youth work and special youth work, and compiling drafts of corresponding legal acts. Partner organization in scheme, |
|  |  |  | Agricultural or other universities | Yes | Yes | No | Yes | No | No | Yes | Yes | No | No | The Centre for Applied Social Sciences (CASS) was established in the University of Tartu in 2007. The fundamental goal of CASS is to offer society high-quality applied research and analyses in social sciences. School scheme evaluation 2017-2022 author. Estonian University of Life Sciences is the only university in Estonia whose priorities in academic and research activities provide the sustainable development of natural resources necessary for the existence of Man as well as the preservation of heritage and habitat. Provides partnership in academic lectures or practical activities in educational measures. |
|  | $\begin{aligned} & \text { 巳 } \\ & \stackrel{y}{0} \end{aligned}$ |  | Local municipalities | Yes | Yes | No | Yes | No | No | Yes | Yes | No | No | Local municipalities are school keepers, through them they also participates in scheme or take part of the scheme activities or benefit to the school food system in overall. Partners in scheme implementation or in development. |
|  |  |  | School food suppliers | Yes | Yes | No | Yes | No | No | Yes | Yes | No | No | School scheme participants involved in the provision of products in schools. |

