

SchoolFood4Change Ghent

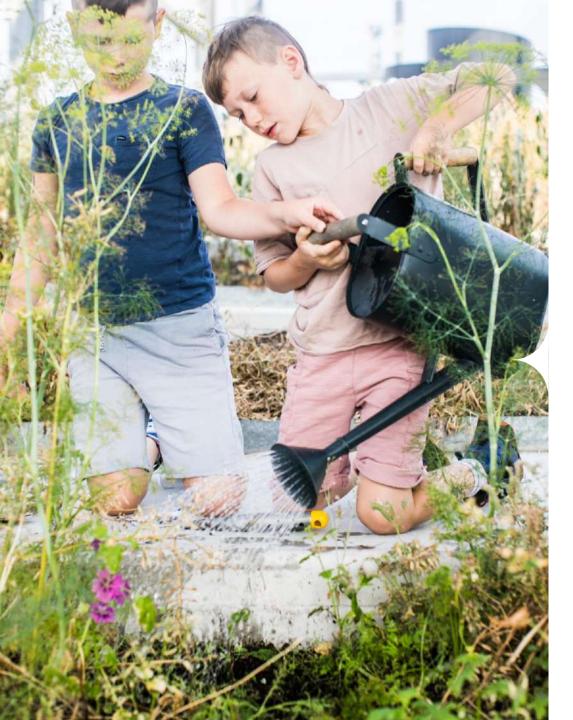
City of Ghent | November 2022

Sofie Verhoeven | Food Policy Officer

Food Strategy







School Scheme in Ghent

- > 140 schools in Ghent
- > 54 schools participate => 39%
 - 47 fruit and vegetables only
 - 7 fruit, vegetables and milk
 - 0 milk only
- Educational materials available on <u>Lespakketten | Oogvoorlekkers</u>
- > https://www.vanier.gent/: online market place where schools can purchase local food directly from farms

SchoolFood4Change

- > European H2020-project (coördinated by ICLEI)
- > Whole School Food Approach (Rikolto)
 - Vision on food for each school
 - All stakeholders involved
 - Procurement
 - Education
 - Concrete actions in the school
- > 30 schools by the end of 2025
- > Advanced procurement

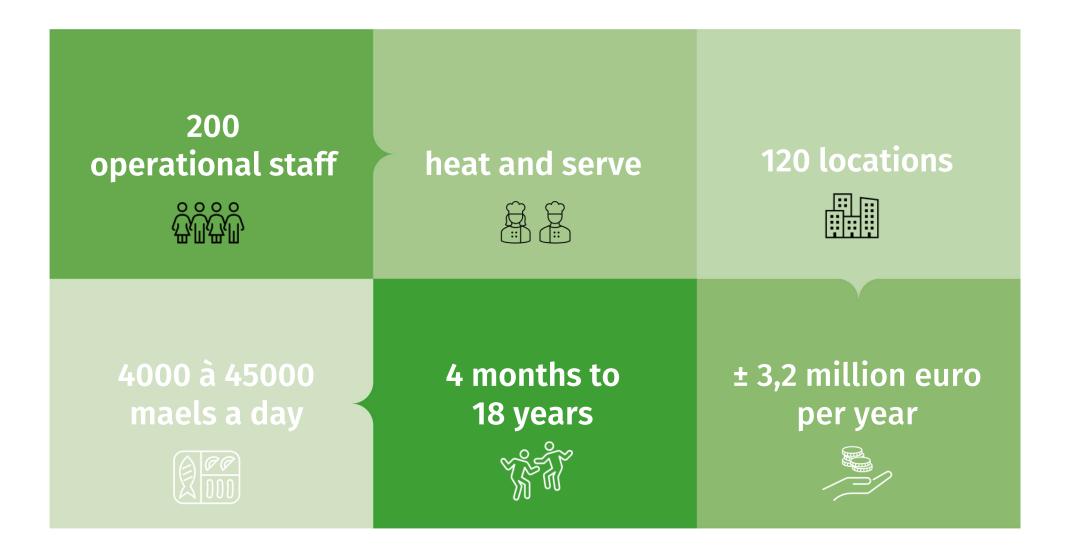




Actions fitting in the WSFA

- > Research project LEkkers Op School
 - Effects of healthy food on children
- > Bottom-up initiative Brooddoosnodig (Enchanté vzw)
 - Solidarity system food in school
- > Workshops foodwaste, plantbased food and gardening
 - Education in the class
- Research project de Experimententuin (Odissee university college)
 - Education methodology food literacy

Catering services for childcare and schools



Sustainable catering



Sustainable catering

Social economy Fairly traded products Easy handling Food safety Traceability E-numbers Professional follow up Thursday **veggie** day

Flexi meals (50/50)

Sustainable **fish** (Prohibited fish: certain tuna, eel, Victoria perch, pangasius, tilapia)

Minimum 20% organic

Seasonal fruit and vegs

Circulationplan/LEZ

Recyclable packaging

Traceability

Decline **footprint**



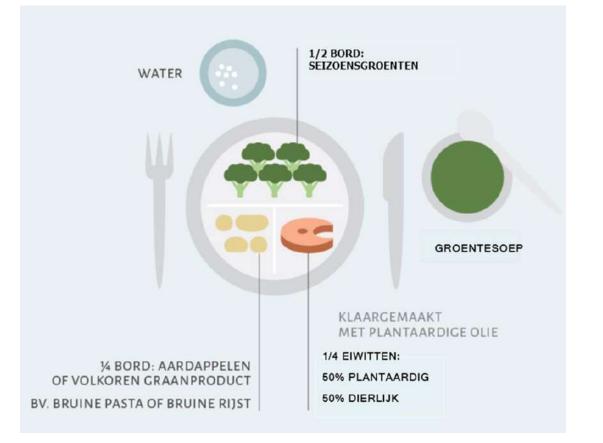
Price transparancy No extra cost Support organic Supplier/producer Support fair trade producers/suppliers Smart menuplanning Short suply chain

Multi-Stakeholders

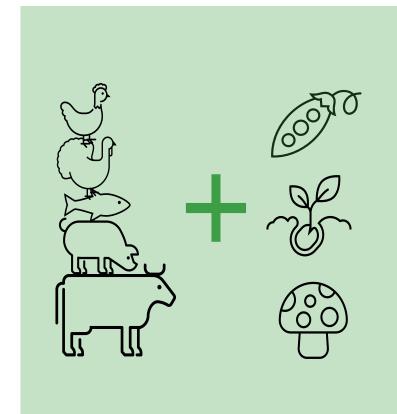
ENVIRONMENT strategy & info	HEALTH guidelines	NORTH-SOUTH fairly traded	FACILITY infrastructure procerement pe		
CLIENT food drink catering development + granting + follow up					
universities colleges research	FL GOV + c		NGO's m EVA VELT LEI WRI	foodsafety regulator	
suppliers	EU	citize	ns childeren	•••	

2020 protein shift

> Weekly average: 50% plant based, 50% animal based proteins



Cool Food Pledge => measure CO2-reduction



Actions 2020

hybrid beef burger (50 % oyster mushroom)	beef alternative for porc → more often poultry	smaller portions lunch + soup lowered with 20,9 % (ref yr '18)
smaller portions dessert lowered with 40,17 % (ref yr '18)	more vegetarian 26,6 % → 33 %	less beef on menu '19 = 34 times '20 = 29 times

Thank you



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