

# The EU school fruit, vegetables and milk scheme



## Annual monitoring report

2022/2023 school year

Country/region: **Portugal**

Generated on: **20/06/2024**

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2023) are preliminary: corrections are possible and payments may still be made.

# 1. Budget execution

## 1.1. Expenditure for the supply/distribution of products (EUR)

	School fruit and vegetables			School milk			Total	
	Fresh	Processed	Total fruits and vegetables	Drinking milk and lactose-free versions	Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa	Milk products with added flavouring, fruit, nuts or cocoa		Total milk and milk products
<b>EU aid</b>	1 353 065		<b>1 353 065</b>	1 596 200			<b>1 596 200</b>	<b>2 949 265</b>
<b>National Funds</b>								
<i>of which: Public</i>								
<i>of which: Private</i>								
<b>Comments</b>								

## 1.2. Expenditure for the educational measures (EUR)

	On school fruit and vegetables	On school milk	Total
<b>EU aid</b>	6 920	212	<b>7 132</b>
<b>National Funds</b>	102 294		<b>102 294</b>
<i>of which: Public</i>	102 294		<b>102 294</b>
<i>of which: Private</i>			
<b>Comments</b>			

## 1.3. Expenditure for information, monitoring and evaluation (EUR)

	On school fruit and vegetables	On school milk	Total
<b>EU aid</b>			
<b>National Funds</b>			
<i>of which: Public</i>			
<i>of which: Private</i>			
<b>Comments</b>			

## 2.1 Participating children

	Participating children		
	Number of children	Number of children who participated in the school fruit and vegetables part	Number of children who participated in the school milk part
<b>Nurseries/Pre-schools</b>	93 258		93 258
<i>Of which: Nurseries</i>			
<i>Of which: Pre-schools</i>	93 258		93 258
<b>Primary schools</b>	241 273	161 427	217 608
<b>Secondary schools</b>			
<b>Total</b>	<b>334 531</b>	<b>161 427</b>	<b>310 866</b>
<b>Comments</b>			

## 2.2 Number of children in the target group

	Number of children in the target group set out in the strategy
<b>Nurseries/Pre-schools</b>	135 372
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	135 372
<b>Primary schools</b>	322 736
<b>Secondary schools</b>	
<b>Total</b>	<b>458 108</b>
<b>Comments</b>	



## 2.3 Total number of children

	Number of children eligible for the EU school fruit, vegetables and milk scheme
<b>Nurseries/Pre-schools</b>	259 030
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	259 030
<b>Primary schools</b>	374 620
<b>Secondary schools</b>	958 215
<b>Total</b>	<b>1 591 865</b>
<b>Comments</b>	<i>Não dispomos de informação para berçários. Inclui alunos ensino privado, não elegíveis para efeitos de ajuda</i>



### 3.1 Participating schools

	Participating schools		
	Number of schools	Number of schools that participated in the school fruit and vegetables part	Number of schools that participated in the school milk part
<b>Nurseries/Pre-schools</b>	2 277		2 277
<i>Of which: Nurseries</i>			
<i>Of which: Pre-schools</i>	2 277		2 277
<b>Primary schools</b>	2 564	1 823	2 319
<b>Secondary schools</b>			
<b>Total</b>	<b>4 841</b>	<b>1 823</b>	<b>4 596</b>
<b>Comments</b>			

### 3.2 Number of schools in the target group

	Number of educational establishments in the target group set out in the strategy
<b>Nurseries/Pre-schools</b>	3 485
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	3 485
<b>Primary schools</b>	3 547
<b>Secondary schools</b>	
<b>Total</b>	<b>7 032</b>
<b>Comments</b>	<i>Não dispomos de informação para berçários.</i>

### 3.3 Total number of schools

<b>Nurseries/Pre-schools</b>	5 767
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	5 767
<b>Primary schools</b>	4 045
<b>Secondary schools</b>	3 572
<b>Total</b>	<b>13 384</b>
<b>Comments</b>	<i>Não dispomos de informação para berçários. Inclui alunos ensino privado, não elegíveis para efeitos de ajuda.</i>



## 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

### 4.1.1 Fresh fruit

	List
Apples	✓
Apricots	✓
Aromatic Herbs	
Avocados	
Bananas	✓
Berries	
Cherries	✓
Citrus Fruit	✓
Figs	
Grapes	✓
Guavas/Mangoes	
Kiwis	✓
Melons	
Nuts	
Peaches/Nectarines	✓
Pears	✓
Pineapples	
Plums	✓
Quinces	
Strawberries	
Watermelons	
Comments	

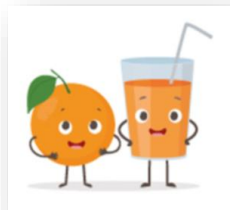


### 4.1.2 Fresh vegetables

	List
Artichokes	
Asparagus	
Aubergines	
Beet	
Broccoli	
Cabbages	
Carrots	✓
Cauliflowers	
Celery	
Chicory	
Courgettes	
Cucumbers	
Fennel	
Kohlrabi	
Kale	
Garlic	
Gherkins	
Leeks	
Lettuce	
Mushrooms	
Onions	
Parsnips	
Peas	
Peppers	
Pulses	
Pumpkins	
Radishes	
Rutabagas	
Salad beetroot	
Salsifis	
Spinach	
Tomatoes	✓
Turnips	
Comments	

### 4.1.3 Processed fruit and vegetables

	List
Fruit Juices	
Fruit Purées/Compotes	
Jams/Marmalades	
Dried Fruits	
Vegetable Juices	
Other:	
Comments	



#### 4.1.4 Milk and milk products

	List
Drinking milk or lactose-free versions	✓
Cheese and curd	
Plain yoghurt	
Milk products without added sugar, flavouring, fruit, nuts or cocoa	
Milk products without fruit juice, naturally flavoured	
Milk products with fruit juice, naturally flavoured or non-flavoured	
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	
Fermented or non-fermented milk products with fruit, naturally flavoured or non-flavoured	
Comments	



#### 4.1.5 Other agricultural products that children tasted as part of educational measures

	List
Table olives	
Olive oil	
Honey	
Other:	
Comments	



#### 4.1.a) Priorities for the choice of school fruit, vegetables and milk

	Yes/No	Comments
Local/regional purchasing	No	
Organic products	Yes	
Short supply chains	No	
Quality schemes	No	
Fair trade	No	
Other:	No	

#### 4.2 Average size of portion of school fruit, vegetables and milk (Kg/Lt)

	School fruit and vegetables	School milk
Kg	0.08	
Liters		0.14
Comments	<i>média das distribuições efetuadas entre todos os alunos.</i>	<i>média das distribuições efetuadas entre todos os alunos.</i>

#### 4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

	School fruit and vegetables	School milk
EU aid	0.12	
National aid (private/public)		
Comments		

#### 4.3.a Average cost of portion of apples in bulk (EUR)

	Portion of apples in bulk
EU aid	
National aid (private/public)	
Comments	

#### 4.3.b Average cost of portion of drinking milk (EUR)

	Portion of drinking milk
EU aid	0.13
National aid (private/public)	
Comments	



#### 4.4. Frequency of supply/distribution of school fruit, vegetables and milk

	School fruit and vegetables	School milk
Once per week		✓
Twice per week	✓	
Three times per week		
Four times per week		
Daily		
Other:		
Comments		

#### 4.5. Duration of supply/distribution of fruit, vegetables and milk

	School fruit and vegetables	School milk
≤ 2 weeks		
> 2 and ≤ 4 weeks		
> 4 and ≤ 12 weeks		
> 12 and ≤ 24 weeks		
> 24 and ≤ 36 weeks		
Entire school year	✓	✓
Other: please specify under comments		
Comments		

#### 4.5.a. Supplied/distributed portions

	School fruit and vegetables	School milk
Number of portions supplied/distributed per child	70	37
Comments		

**4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures**

**4.6.1 Fresh fruit and vegetables**

		Quantity	Of which organic products	Comments
Fresh fruit and vegetables	Quantity in kg	909 582		
<i>Of which: Fruit</i>	<i>Quantity in kg</i>	<i>855 997</i>		
<i>Of which: Vegetables</i>	<i>Quantity in kg</i>	<i>53 585</i>		<i>Cenoura e Tomate</i>

**4.6.2 Processed fruit and vegetables**

		Quantity	Of which organic products	Comments
Processed fruit and vegetables	Quantity in kg			
	Quantity in litres			
<i>Of which: Fruit juices</i>	<i>Quantity in litres</i>			
<i>Of which: Fruit purees/compotes</i>	<i>Quantity in kg</i>			
<i>Of which: Jams/Marmalades</i>	<i>Quantity in kg</i>			
<i>Of which: Dried fruits</i>	<i>Quantity in kg</i>			
<i>Of which: Vegetable juices</i>	<i>Quantity in litres</i>			
<i>Of which: Other</i>	<i>Quantity in kg</i>			

**4.6.3 Milk and milk products**

		Quantity	Of which organic products	Comments
Drinking milk and lactose-free versions	Quantity in litres	1 665 326		
Cheese and curd	Quantity in kg			
Plain yoghurt	Quantity in kg			
Milk products without added sugar, flavouring, fruit, nuts or cocoa	Quantity in kg			
	Quantity in litres			
Milk products without fruit juice, naturally flavoured	Quantity in kg			
Milk products with fruit juice, naturally flavoured or non-flavoured	Quantity in kg			
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	Quantity in litres			
Milk products with fruit, naturally flavoured or non-flavoured	Quantity in kg			

**4.6.4 Other agricultural products**

		Quantity	Of which organic products	Comments
Olive/olive oil	Quantity in kg			
	Quantity in litres			
Honey	Quantity in kg			
Others:	Quantity in kg			



### 5.1 Educational measures carried out

		Number of schoolchildren	Comments
Type of measure	School gardens	88 433	
	Visits to farms, dairies, famers' markets and similar activities	82 948	
	Tasting classes, cooking workshops, other	290 682	
	Lessons, lectures, workshops	78 198	
	Other activities: competitions, games, themed periods ...	0	

### 5.2 Theme(s) of the educational measures carried out

		Yes/No	Comments
Theme(s)	Reconnection of children to agriculture	Yes	
	Healthy eating habits	Yes	
	Local food chains	Yes	
	Organic	Yes	
	Sustainable production	Yes	
	Food waste	Yes	
	Other: please specify under comments	No	



## 6. Communication activities carried out

		Yes/No	Comments
Activity carried out/tool used	Poster at school premises	Yes	
	Poster at other relevant places	No	
	Dedicated website(s)	No	
	Informative graphic material	No	
	Information and awareness campaign (TV, radio, social media)	No	
	Others (e.g. networking activities)	No	



## 7. Authorities and stakeholders involved

			Name	Involved in Planning	Involved in Implementation	Involved in Monitoring	Involved in Evaluation	Responsible for implementation / supervision / advice (if yes, please specify for which of those under comments)	Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments)	Participation in regular meetings	Events (conferences/seminars, workshops ...) (if yes, please specify which event/s under comments)	Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments)	Other (if yes, please specify under comments)	Comments	
Public authority/ Private stakeholder	Agriculture	Authority	Instituto de Financiamento da Agricultura e Pescas (IFAP) Gabinete de Políticas e Planeamento (GPP)	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	No	GPP - implementation IFAP - Implementation/supervision/advice GPP/IFAP - COMMITTEE FOR COMMON ORGANISATION OF AGRICULTURAL MARKETS – ANIMAL PRODUCTS	
		Stakeholder	N/A	No	No	No	No	No	No	No	No	No	No	No	
	Health and Nutrition	Authority	Direção-Geral da Saúde (DGS)	No	No	Yes	Yes	No	No	Yes	No	No	No	No	
		Stakeholder	N/A	No	No	No	No	No	No	No	No	No	No	No	
	Education	Authority	Direção-Geral da Educação (DGE) Direção-Geral dos Estabelecimentos Escolares (DGESTE)	No	No	Yes	No	No	No	No	Yes	No	No	No	
		Stakeholder	Schools	No	No	No	No	No	No	No	No	No	No	No	
	Other	Authority	N/A	No	No	No	No	No	No	No	No	No	No	No	
		Stakeholder	Municipalities	No	No	No	No	No	No	No	No	No	No	No	