## The EU school fruit, vegetables and milk scheme



## Annual monitoring report

2019/2020 school year

Country: Finland

Received on: 29-01-2021

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2020) are preliminary: corrections are possible and payments may still be made.

## 1. Budget execution

### 1.1. Expenditure for the supply/distribution of products (EUR)

|  | School fruit and vegetables |  |  | School milk |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fresh | Processed | Total fruits and vegetables | Drinking milk and lactose-free versions | Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa | Milk products with added flavouring, fruit, nuts or cocoa | Total milk and milk products |  |
| EU aid | 625.405 | 0 | 625.405 | 1.985 .916 | 126.867 | 0 | 2.112.783 | 2.738.188 |
| National Funds | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| of which: Public |  |  |  |  |  |  |  |  |
| of which: Private |  |  |  |  |  |  |  |  |
| Comments |  |  |  |  |  |  |  |  |

1.2. Expenditure for the educational measures (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 123.818 | 288.909 | $\mathbf{4 1 2 . 7 2 7}$ |
| National Funds | 0 | 0 | 0 |
| of which: Public |  |  |  |
| of which: Private |  |  |  |
| Comments |  |  |  |

1.3. Expenditure for information, monitoring and evaluation (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 0 | 0 | 0 |
| National Funds | 0 | 0 | 0 |
| of which: Public |  |  |  |
| of which: Private |  |  |  |
| Comments |  |  |  |

### 2.1 Participating children

|  | Participating children |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of children | Number of children who participated in the school fruit and vegetables part | Number of children who participated in the school milk part |
| Nurseries/Pre-schools | 156.839 | 43.157 | 156.207 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 475.309 | 149.887 | 472.707 |
| Secondary schools | 147.560 | 0 | 147.560 |
| Total | 779.708 | 193.044 | 776.474 |
| Comments | All the children in comprehensive school (classes 110) are counted as primary school children. Technically classes 7-10 could be considered as secondary school, but for the purposes of the scheme this division is more appropriate. | Target group: children in primary schools and nurseries. |  |

### 2.2 Number of children in the target group

|  | Number of children in the <br> target group set out in the <br> strategy |
| :--- | :--- |
| Nurseries/Pre-schools |  |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools |  |
| Secondary schools |  |
| Total |  |
| Comments |  |

### 2.3 Total number of children

| 2.3 TOtal number of chilaren |  |
| :--- | :--- |
| Nurseries/Pre-schools | Number of children eligible <br> for the EU school fruit, <br> vegetables and milk <br> scheme |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools |  |
| Secondary schools $\quad$ Total |  |
| Comments | No comprehensive data available taking into account all different <br> stages of education for the same time period. To avoid <br> incomplete and possibly misleading data we chose not to add <br> this information. |

### 3.1 Participating schools

|  | Participating schools |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of schools | Number of schools that participated in the school fruit and vegetables part | Number of schools that participated in the school milk part |
| Nurseries/Pre-schools | 2.396 | 657 | 2.374 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 2.285 | 742 | 2.262 |
| Secondary schools | 385 | 0 | 385 |
| Total | 5.066 | 1.399 | 5.021 |
| Comments |  |  |  |

### 3.2 Number of schools in the target group

|  | Number of educational <br> establishments in the target group <br> set out in the strategy |
| :--- | :--- |
| Nurseries/Pre-schools |  |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools |  |
| Secondary schools |  |
| Total |  |
| Comments |  |

### 3.3 Total number of schools

| Nurseries/Pre-schools |  |  |  |
| :--- | :--- | :---: | :---: |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools |  |  |  |
| Secondary schools |  |  |  |
| Total |  |  |  |
| Comments | No comprehensive data available taking into account all different stages of <br> education for the same time period. To avoid incomplete and possibly misleading <br> data we chose not to add this information. |  |  |

### 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

### 4.1.1 Fresh fruit

|  | List |
| :---: | :---: |
| Apples | $\checkmark$ |
| Apricots |  |
| Aromatic Herbs |  |
| Avocadoes |  |
| Bananas | $\checkmark$ |
| Berries | $\checkmark$ |
| Cherries |  |
| Citrus Fruit | $\checkmark$ |
| Figs |  |
| Grapes |  |
| Guavas/Mangoes |  |
| Kiwis |  |
| Melons |  |
| Nuts |  |
| Peaches/Nectarines |  |
| Pears |  |
| Pineapples |  |
| Plums |  |
| Quinces |  |
| Strawberries | $\checkmark$ |
| Watermelons |  |
| Comments | Berries include blueberry, lingonberry and currants. Bananas and citrus fruits only in spring term. |

4.1.3 Processed fruit and vegetables

|  | List |
| :--- | :--- |
| Fruit Juices |  |
| Fruit Purées/Compotes |  |
| Jams/Marmalades |  |
| Dried Fruits |  |
| Vegetable Juices |  |
| Vegetables Soups |  |
| Other: |  |
| Comments |  |



### 4.1.2 Fresh vegetables

|  | List |
| :--- | :--- |
| Artichokes |  |
| Asparagus |  |
| Aubergines |  |
| Beet |  |
| Broccoli |  |
| Cabbages |  |
| Carrots |  |
| Cauliflowers |  |
| Celery |  |
| Chicory |  |
| Courgettes |  |
| Cucumbers |  |
| Fennel |  |
| Kohlrabi |  |
| Kale |  |
| Garlic |  |
| Gherkins |  |
| Leeks |  |
| Lettuce |  |
| Mushrooms |  |
| Onions |  |
| Tomips |  |
| Sarsnips |  |
| Peas |  |
| Peppersisis |  |
| Pulses |  |
| Pumpkins |  |
| Radishes |  |
| Rutabagas |  |
|  |  |
|  |  |
|  |  |

### 4.1.4 Milk and milk products

|  | List |
| :--- | :---: |
| Drinking milk or lactose-free versions | $\checkmark$ |
| Cheese and curd | $\checkmark$ |
| Plain yoghurt | $\checkmark$ |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | $\checkmark$ |
| Milk products without fruit juice, naturally <br> flavoured |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured |  |
| Milk-based drinks with cocoa, with fruit <br> juice or naturally flavoured |  |
| Fermented or non-fermented milk products <br> with fruit, naturally flavoured or non- <br> flavoured |  |
| Comments |  |


4.1.5 Other agricultural products that children tasted as part of educational measures

|  | List |
| :--- | :--- |
| Table olives |  |
| Olive oil |  |
| Honey |  |
| Other: |  |
| Comments |  |

## 4.1.a) Priorities for the choice of school fruit, vegetables and milk



|  | Yes/No | Comments |
| :--- | :--- | :--- |
| Local/regional purchasing |  |  |
| Organic products |  |  |
| Short supply chains |  |  |
| Quality schemes |  |  |
| Fair trade |  |  |
| Other: |  |  |

4.2 Average size of portion of school fruit, vegetables and milk ( $\mathrm{Kg} / \mathrm{Lt}$ )

|  |  | School fruit and vegetables | School milk |
| :---: | :---: | :---: | :---: |
|  | Kg | 0,02 | 0,10 |
|  | Liters | 0,00 | 0,07 |
| Comments |  | Aid is limited to 0,15 kilograms of products per student per day. Aid is then paid for the actual amount purchased, not based on the maximum possible amount. | Aid is limited at 0,25 litres of products per student per day. Aid is then paid for the actual amount purchased, not based on the maximum possible amount. |

4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

|  | School fruit and vegetables | School milk |  |  |
| :--- | :--- | ---: | :---: | :---: |
| EU aid | 0,02 | 0,02 |  |  |
| National aid (private/public) |  |  |  |  |
| Comments | Aid is paid for the actual amount purchased, not for the maximum possible <br> amount. Therefore, the portion size and the average cost of the portion are <br> lower than what they could be based on the maximum. |  |  |  |

4.3.a Average cost of portion of apples in bulk (EUR)

|  | Portion of apples in bulk |
| :--- | :--- |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |

## 4.3.b Average cost of portion of drinking milk (EUR)

|  | Portion of drinking milk |
| :--- | :---: |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |

4.4. Frequency of supply/distribution of school fruit, vegetables and milk

|  | School fruit and vegetables | School milk |  |  |  |  |
| :--- | :--- | :--- | :---: | :---: | :---: | :---: |
| Once per week |  |  |  |  |  |  |
| Twice per week |  |  |  |  |  |  |
| Three times per week |  |  |  |  |  |  |
| Four times per week |  |  |  |  |  |  |
| Daily | ( <br> Other: <br> CommentsFor fruit/vegetables: two application periods, 1.8-31.10.2019 and 1.2- <br> 31.7 .2020 within which products supplied daily. |  |  |  |  |  |

4.5. Duration of supply/distribution of fruit, vegetables and milk

|  | School fruit and vegetables | School milk |
| :--- | :--- | :---: |
| $\leq 2$ weeks |  |  |
| $>2$ and $\leq 4$ weeks |  |  |
| $>4$ and $\leq 12$ weeks |  |  |
| $>12$ and $\leq 24$ weeks |  |  |
| $>24$ and $\leq 36$ weeks |  |  |
| Entire school year |  | $\checkmark$ |
| Other: please specify under comments |  |  |
| Comments |  |  |

## 4.5.a. Supplied/distributed portions

|  | School fruit and vegetables | School milk |
| :--- | :--- | :--- |
| Number of portions supplied/distributed per <br> child | 186 | 192 |
| Comments | Estimate - to be verified |  |

4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures
4.6.1 Fresh fruit and vegetables

|  |  | Quantity |  |
| :--- | :--- | :---: | :---: |
| Fresh fruit and vegetables | Quantity in kg | 721.230 |  |
| Of which: Fruit | Quantity in kg | 307.982 |  |
| Of which: Vegetables | Quantity in kg | 413.248 |  |

4.6.2 Processed fruit and vegetables

| Processed fruit and vegetables |  | Quantity in kg | Quantity |
| :--- | :--- | :--- | :--- |
|  | Quantity in litres |  |  |
| Of which: Fruit juices | Quantity in litres |  | 0 |
| Of which: Fruit purees/compotes | Quantity in kg |  |  |
| Of which: Jams/Marmalades | Quantity in kg |  |  |
| Of which: Dried fruits | Quantity in kg |  |  |
| Of which: Vegetable juices | Quantity in litres |  |  |
| Of which: Vegetable soups | Quantity in litres |  |  |
| Of which: Other | Quantity in kg |  |  |

4.6.3 Milk and milk products

|  |  | Quantity |  |
| :--- | :--- | :---: | :---: |
| Drinking milk and lactose-free versions | Quantity in litres | 11.453 .657 |  |
| Cheese and curd | Quantity in kg | 197.476 |  |
| Plain yoghurt | Quantity in kg | 384.909 | This includes also plain quark and plain curdled milk. |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | Quantity in kg | 999.472 | This includes only sour milk so the quantity is in fact in litres |
| Milk products without fruit juice, <br> naturally flavoured | Quantity in kg | 0 |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured | Quantity in kg | 0 |  |
| Milk-based drinks with cocoa, with fruit <br> juice or naturally flavoured | Quantity in litres | 0 |  |
| Milk products with fruit, naturally <br> flavoured or non-flavoured | Quantity in kg |  |  |

### 4.6.4 Other agricultural products

|  |  | Quantity |  |
| :--- | :--- | ---: | :--- |
| Olive/olive oil | Quantity in kg | 0 |  |
|  | Quantity in litres | 0 |  |
| Honey | Quantity in kg | 0 |  |
| Others: | Quantity in kg | 0 |  |

### 5.1 Educational measures carried out

|  |  | Number of schoolchildren | Comments |
| :---: | :---: | :---: | :---: |
| Type of measure | School gardens | 0 | RuokaTutka doesn't have measures that involve school gardens |
|  | Visits to farms, dairies, famers' markets and similar activities | 50.100 | One YouTube-video for children about organic farm and milk producing. The combined viewer number is an estimate based on YouTube and Instagram reaches of unique viewers. |
|  | Tasting classes, cooking workshops, other | 199.859 | YouTube videos for children. Themes: 1. Easy cooking hacks for children 2. Healthy snacks 3. Healthy snacks 4. Making a sustainable dinner 5. Preventing food waste. In addition to the videos directed to children number of teacher's snack making and school lunch videos has been produced in RuokaTutka. These have potentially reached thousands of kids indirectly. |
|  | Lessons, lectures, workshops | 99.140 | Six online lessons broadcasted via Instagram (IG-TV). The combined viewer number is an estimate based on Instagram reaches of unique viewers. |
|  | Other activities: competitions, games, themed periods ... | 500.422 | The number includes unique listeners of audio stories, viewers of online exercises, games, tests and competitions on website, social media challenge reaches, number of nutrition themed printed excercise books sent and augmented reality app users. In addition to this number RuokaTutka has been present in schools and daycare centers because of the poster sent to them earlier (approx. 5500 units). |

### 5.2 Theme(s) of the educational measures carried out

|  |  | Yes/No | Comments |
| :--- | :--- | :---: | :--- |
| Theme(s) | Reconnection of children to <br> agriculture | Yes |  |
|  | Healthy eating habits | Yes |  |
|  | Local food chains | Organic | Yes |
|  | Sustainable production | Yes |  |
|  | Food waste | Yes |  |
|  | Other: please specify under <br> comments | Yes | Cooking, Tasting, Media education, School lunch |

## LEARNING ABOUT

FOOD \& AGRICULTURE

## 6. Communication activities carried out

|  |  | Yes/No | Comments |
| :---: | :---: | :---: | :---: |
| Activity carried out/tool used | Poster at school premises | Yes | The poster is visually a part of the Food Radar campaign |
|  | Poster at other relevant places | No |  |
|  | Dedicated website(s) | No |  |
|  | Informative graphic material | No |  |
|  | Information and awareness campaign (TV, radio, social media) | No |  |
|  | Others (e.g. networking activities) | No |  |



|  |  |  | Name | Involved in Planning | Involved in Implementation | Involved in Monitoring | Involved in Evaluation | Responsible for implementation / supervision /advice (if yes, please specify for which of those under comments) | Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments) | Participation in regular meetings | Events (conferences/semi nars, workshops ...) (if yes, please specify which event/s under comments) | Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments) | other (if yes, please specify under comments) | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Public authority/ Private stakeholder | $\begin{aligned} & \text { 는 } \\ & \frac{4}{3} \\ & \text { 른 } \end{aligned}$ |  | Maa- ja metsätalousministeriö | Yes | No | No | No | No | No | Yes | No | No | No | Ministry of Agriculture and Forestry provides direction and is in charge of the legislation for the school scheme.The implementation of the scheme is in the Finnish Food Authority under the Ministry. |
|  |  |  | Maa- ja metsätaloustuottajain keskuslitto MTK | No | Yes | No | No | No | No | No | No | No | Yes | The Central Union of Agricultural Producers and Forest Owners (MTK) commented on national legislation. |
|  |  |  | Sosiaali- ja terveysministeriö | No | Yes | No | No | No | No | No | No | No | Yes | Ministry of Social Affairs and Health commented on national legislation. |
|  |  |  | Terveyden ja hyvinvoinnin laitos | No | Yes | No | No | No | No | No | No | No | Yes | National Institute for Health and Welfare commented on national legislation. |
|  |  |  | Opetus-ja kultturiministeriö | No | Yes | No | No | No | No | No | No | No | Yes | Ministry of Education and Culture commented on national legislation. |
|  |  |  | Opetushallitus | No | Yes | No | No | No | No | No | No | No | Yes | Finnish National Agency for Education commented on national legislation. |
|  |  |  | Valtiovarainministeriö | No | No | No | No | No | No | No | No | No | No | Ministry of Finance participates in the planning of national legislation. |
|  |  |  | Cocomms Oy | Yes | Yes | Yes | No | Yes | No | Yes | No | Yes | No | Cocomms Ltd, carries out the campaign RuokaTutka which is our additional educational measures campaign. |

