The EU school fruit, vegetables and milk scheme



Annual monitoring report

2020/2021 school year

Country: Latvia

Received on: **28-01-2022**

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2021) are preliminary: corrections are possible and payments may still be made.

1. Budget execution

1.1. Expenditure for the supply/distribution of products (EUR)

	School fruit and vegetables			School milk				
	Fresh	Processed	Total fruits and vegetables	Drinking milk and lactose-free versions	Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa	Milk products with added flavouring, fruit, nuts or cocoa	Total milk and milk products	Total
EU aid	749 904	0	749 904	718 108	0	0	718 108	1 468 012
National Funds	578 530	0	578 530	1 408 844	0	0	1 408 844	1 987 374
of which: Public	578 530	0	578 530	1 408 844	0	0	1 408 844	1 987 374
of which: Private	0	0	0	0	0	0	0	0
Comments								

1.2. Expenditure for the educational measures (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	10 502	10 056	20 558
National Funds	5 110	4 085	9 195
of which: Public	5 110	4 085	
of which: Private	0	0	
Comments			

1.3. Expenditure for information, monitoring and evaluation (EUR)

_	On school fruit and vegetables	On school milk	Total
EU aid	8 787	8 427	17 214
National Funds	4 504	8 359	12 863
of which: Public	4 504	8 359	
of which: Private	0	0	
Comments			

2.1 Participating children

	Participating children		
	Number of children	Number of children who participated in the school fruit and vegetables part	Number of children who participated in the school milk part
Nurseries/Pre-schools	86 191	81 861	74 639
Of which: Nurseries	0	0	0
Of which: Pre-schools	86 191	81 861	74 639
Primary schools	178 360	174 014	171 663
Secondary schools	0	0	0
Total	264 551 255 875 246 302		246 302
Comments	primary schools: pupils from 1st till 9th grade are taken into account. Secondary schools: pupils from 10th till 12th grade are taken into account.		

2.2 Number of children in the target group

	Number of children in the target group set out in the strategy
Nurseries/Pre-schools	104 023
Of which: Nurseries	0
Of which: Pre-schools	104 023
Primary schools	203 392
Secondary schools	0
Total	307 415
Comments	As per table 2.1



2.3 Total number of children

	Number of children eligible for the EU school fruit, vegetables and milk scheme
Nurseries/Pre-schools	104 023
Of which: Nurseries	0
Of which: Pre-schools	104 023
Primary schools	203 392
Secondary schools	36 091
Total	343 506
Comments	As per table 2.1



3.1 Participating schools

	Participating schools		
	Number of schools	Number of schools that participated in the school fruit and vegetables part	Number of schools that participated in the school milk part
Nurseries/Pre-schools	568	532	488
Of which: Nurseries	0	0	0
Of which: Pre-schools	568	532	488
Primary schools	734	703	682
Secondary schools	0	0	0
Total	1 302	1 235	1 170
Commicnes	The number of primary schools includes the edu (some of which are secondary schools)	cational establishments providing educati	on to pupils from 1st till 9th grade

3.2 Number of schools in the target group

	Number of educational establishments in the target group set out in the strategy
Nurseries/Pre-schools	643
Of which: Nurseries	0
Of which: Pre-schools	643
Primary schools	740
Secondary schools	0
Total	1 383
Comments	As per table 3.1

3.3 Total number of schools

Nurseries/Pre-schools	643
•	045
Of which: Nurseries	0
Of which: Pre-schools	643
Primary schools	740
Secondary schools	322
Total	1 705
Comments	As per table 3.1



4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

4.1.1 Fresh fruit

4.1.1 Fresh fruit	
	List
Apples	✓
Apricots	
Aromatic Herbs	
Avocadoes	
Bananas	
Berries	✓
Cherries	
Citrus Fruit	
Figs	
Grapes	
Guavas/Mangoes	
Kiwis	
Melons	
Nuts	
Peaches/Nectarines	
Pears	✓
Pineapples	
Plums	
Quinces	
Strawberries	
Watermelons	
Comments	large cranberries (Vaccinium macrocarpon) are only offered in assorted portions, and weight of cranberries does not exceed 20 grams in one assorted portion.



4.1.2 Fresh vegetables

4.1.2 Fresh vegetables	
	List
Artichokes	
Asparagus	
Aubergines	
Beet	
Broccoli	
Cabbages	✓
Carrots	✓
Cauliflowers	
Celery	
Chicory	
Courgettes	
Cucumbers	
Fennel	
Kohlrabi	✓
Kale	
Garlic	
Gherkins	
Leeks	
Lettuce	
Mushrooms	
Onions	
Parsnips	
Peas	
Peppers	
Pulses	
Pumpkins	✓
Radishes	
Rutabagas	✓
Salad beetroot	
Salsifis	
Spinach	
Tomatoes	
Turnips	
Comments	

4.1.3 Processed fruit and vegetables

	List
Fruit Juices	
Fruit Purées/Compotes	
Jams/Marmalades	
Dried Fruits	
Vegetable Juices	
Vegetables Soups	
Other:	
Comments	



4.1.4 Milk and milk products

<u> </u>	
	List
Drinking milk or lactose-free versions	✓
Cheese and curd	
Plain yoghurt	
Milk products without added sugar,	
flavouring, fruit, nuts or cocoa	
Milk products without fruit juice, naturally	
flavoured	
Milk products with fruit juice, naturally	
flavoured or non-flavoured	
Milk-based drinks with cocoa, with fruit juice	
or naturally flavoured	
Fermented or non-fermented milk products	
with fruit, naturally flavoured or non-	
flavoured	
Comments	



4.1.5 Other agricultural products that children tasted as part of educational measures

	List
Table olives	
Olive oil	
Honey	
Other:	
Comments	



4.1.a) Priorities for the choice of school fruit, vegetables and milk

	Yes/No	Comments
Local/regional purchasing	Yes	Regional and seasonal products.
Organic products	Yes	Cultivated in accordance with organic farming laws/regulations and confirmed by an organic certificate or statement on inconversion
Short supply chains	Yes	Enable producers to deliver products directly to pupils at educational establishments. Using short supply chains pupils know the place of production of consuming products.
Quality schemes	Yes	Compliance with the national food quality scheme for the use of the indication in green colour, and confirmed by a certificate of the Food and Veterinary Service
Fair trade	No	
Other:	Yes	Seasonal products; environmental aspect (food transportation distance "food miles"). Products are not transported from the place of production to the relevant educational institution further than 300 kilometres.

4.2 Average size of portion of school fruit, vegetables and milk (Kg/Lt)

	School fruit and vegetables	School milk
Kg	0,10	0,00
Liters	0,00	0,22
Comments	portion per pupil not less than 100 grams	portion for one pupil not less than 100
	as per national legislation	millilitres and not more than 250 millilitres
		as per national legislation

4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

	School fruit and vegetables	School milk
EU aid	0,13	0,21
National aid (private/public)		
Comments		

4.3.a Average cost of portion of apples in bulk (EUR)

	Doution of annies in bulls
	Portion of apples in bulk
EU aid	0,13
National aid (private/public)	
Comments	

4.3.b Average cost of portion of drinking milk (EUR)

	Portion of drinking milk
EU aid	0,21
National aid (private/public)	
Comments	



4.4. Frequency of supply/distribution of school fruit, vegetables and milk

	School fruit and vegetables	School milk	
Once per week			
Twice per week			
Three times per week	√	✓	
Four times per week			
Daily			
Other:			
Comments	Educational institutios shall ensure that pupils restudies during the distribution period	Educational institutios shall ensure that pupils receive products three times per week of studies during the distribution period	

4.5. Duration of supply/distribution of fruit, vegetables and milk

	School fruit and vegetables	School milk
≤ 2 weeks		
> 2 and ≤ 4 weeks		
> 4 and ≤ 12 weeks		
> 12 and ≤ 24 weeks	✓	√
> 24 and ≤ 36 weeks		
Entire school year		
Other: please specify under comments		
Comments	Distribution period begins on 1st of October. Some educational establishments took the opportunity of the extension of the duration of the 2020/2021 school year (derogation linked to COVID) and products were distributed to children in August 2021 and September 2021.	

4.5.a. Supplied/distributed portions

	School fruit and vegetables	School milk
Number of portions supplied/distributed per child	40	45
Comments	1 portion for 1 children 3 times a week	

4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

4.6.1 Fresh fruit and vegetables

		Quantity	Comments
Fresh fruit and vegetables	Quantity in kg	1 023 271	The portion per pupil weighs not less than 100 grams. Organic fruits and vegetables: 18554,90 kg
Of which: Fruit	Quantity in kg	1 019 176	
Of which: Vegetables	Quantity in kg	4 096	

4.6.2 Processed fruit and vegetables

		Quantity	Comments
5 16 % 1	Quantity in kg	0	
Processed fruit and vegetables	Quantity in litres	0	
Of which: Fruit juices	Quantity in litres	0	
Of which: Fruit purees/compotes	Quantity in kg	0	
Of which: Jams/Marmalades	Quantity in kg	0	
Of which: Dried fruits	Quantity in kg	0	
Of which: Vegetable juices	Quantity in litres	0	
Of which: Vegetable soups	Quantity in litres	0	
Of which: Other	Quantity in kg	0	

4.6.3 Milk and milk products

		Quantity	Comments
Drinking milk and lactose-free versions	Quantity in litres	2 409 567	Organic milk 85943,46 litres.
Cheese and curd	Quantity in kg	0	
Plain yoghurt	Quantity in kg	0	
Milk products without added sugar, flavouring, fruit, nuts or cocoa	Quantity in kg	0	
Milk products without fruit juice, naturally flavoured	Quantity in kg	0	
Milk products with fruit juice, naturally flavoured or non-flavoured	Quantity in kg	0	
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	Quantity in litres	0	
Milk products with fruit, naturally flavoured or non-flavoured	Quantity in kg	0	

4.6.4 Other agricultural products

		Quantity	Comments
Olive/olive oil	Quantity in kg	0	
-	Quantity in litres	0	
Honey	Quantity in kg	0	
Others:	Quantity in kg	0	

5.1 Educational measures carried out

		Number of schoolchildren	Comments
	School gardens	0	
	Visits to farms, dairies, famers' markets and similar activities	0	
	Tasting classes, cooking workshops, other	0	
Type of measure	Lessons, lectures, workshops	264 551	School lessons on healthy nutrition. These school lessons were organized for all pupils eligible for the aid. Pupils have been taught about the importance of fruit, vegetables and milk in daily nutrition, as well as that healthy nutrition is a component of healthy lifestyle. Activities were organised in educational establishments or remotely taking into account the epidemiological situation in the country due to the spread of Covid-19
	Other activities: competitions, games, themed periods	264 551	 healthy eating habits: pupils have organized exhibitions at schools, where they presented handmade objects made from different fruits and vegetables; drawing exhibitions, composition of poems, songs, fairy-tales and school plays about fruits and vegetables. Activities were organised in educational establishments or remotely taking into account the epidemiological situation in the country due to the spread of Covid-19.

5.2 Theme(s) of the educational measures carried out

5.2 Menie(s) of the educational measures carried out									
		Yes/No	Comments						
	Reconnection of children to agriculture	Yes							
	Healthy eating habits	Yes							
	Local food chains	Yes							
Theme(s)	Organic	Yes							
	Sustainable production	Yes							
	Food waste	Yes							
	Other: please specify under comments	Yes	Interesting data about the program published on the website http://piensaugliskolai.lv/lv/par-programmu/jaunumi/; Facebook: https://www.facebook.com/piensaugliskolai						



6. Communication activities carried out

		Yes/No	Comments			
	Poster at school premises	Yes	Usually poster is placed at school main entrance, on bulletin board or at dining-hall.			
	Poster at other relevant places	No				
	Dedicated website(s)	Yes	Maintenance and improvements for the website dedicated to School milk and fruit programme: www.piensaugliskolai.lv. Creation of a backup copy of the website, content and plug-ins update; website testing after renewal, introduction of accessibility requirements (for people with special needs). Information updating on websites: https://www.instagram.com/piensaugliskolai/ https://www.facebook.com/piensaugliskolai https://www.youtube.com/channel/UC-atiXOAMaSvVSzDInvCYEg Posting and maintaining information on the website. Information has been provided for its placement and maintenance on the website www.e-klase.lv			
	Informative graphic material	Yes	Representation items for the needs of ZZ Championship: Badges with the School Program logo were produced and delivered (2200 pcs. 33mm in diameter, 2200 pcs. 44 mm in diameter).			
Activity carried out/tool used	Information and awareness campaign (TV, radio, social media)	Yes	were produced and delivered (2200 pcs. 33mm in diameter, 2200 pcs. 44 mm in diameter). Creation of TV show's plot in Latvian about fruits - TV Show "Mommy's Club" ("Māmiņu klubs"), broadcast on TV in April 18, 2021 http://piensaugliskolai.lv/lv/vecakiem/veseligs-uzturs-arisodien/ Creation of TV show's plot in Latvian about milk - TV Show "Mommy's Club" ("Māmiņu klubs"), broadcast on TV in May 9, 2021 http://piensaugliskolai.lv/lv/vecakiem/glaze-piena-reizi-diena/ In the spring of the school year 2020/2021, within the framework of the program "Milk and School Fruit", a competition "Be active! Do it together!" was organised for pre-school children (5 and 6 yo.) and for pupils in grades 1-4 http://piensaugliskolai.lv/ly/berniem/notiks-konkurss-pirmsskolas-5-un-6-gadu-vecuma-berniem-un-1-4-klasu-skoleniem/ and http://piensaugliskolai.lv/lv/berniem/pagarinata-pieteiksanas-konkursam-esi-aktivs-dari-kopa/ Within the framework of the School fruit and milk programme, various activities took place on the social networks such as Youtube, Instagram and TIKTOK. For example: Pipars and Laurlācis, popular leaders among the young people on Youtube, shared their experiences of different dishes made from the products available in the school program - milk, fruit and vegetables. The videos have been published on Youtube. A special filter has been created in the School program account on Instagram, where everyone was able to try it in their Instagram Stories. Instagram opinion leaders (influencers) also promoted the School program. The filter allowed everyone to "try" what kind of a healthy snack he/she is - pumpkin, kohlrabi, cranberry or other. From January 14, 2021, everyone was able to accept the challenge of TIKTOK – to show what is on the writing desk and win great prizes. The TIKTOK challenge and soundtrack could be found on TIKTOK @skolaspiens profile. The winners were announced on February 15, 2021 on @skolaspiens's TIKTOK profile. http://piensaugliskolai.lv/lv/berniem/programma-piens-un-augli-skolai-piedalas-zz-cempi			
	Others (e.g. networking activities)	Yes	Stage 1 and Stage 2 of the evaluation - work on evaluating the results of the program has begun. The annex of the report contains an infographics on educational and publicity measures taken in school year 2020/2021.			



7. Authorities and stakeholders involved

7. Au	horit	ies a	and stakeholders involved											
			Name	Involved in Planning	Involved in Implementation	Involved in Monitoring	Involved in Evaluation	Responsible for implementation / supervision / advice (if yes, please specify for which of those under comments)	Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments)	Participation in regular meetings	Events (conferences/semi nars, workshops) (if yes, please specify which event/s under comments)	Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity)ies under comments)	Other (if yes, please specify under comments)	Comments
	Agriculture	Authority	Ministry of Agriculture	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	No	The Ministry of Agriculture dright be national legistation for implementation of the school scheme, and perform the overall supervision of implementation of the scheme. The Ministry of Agriculture establishes a commission, including representatives from the Ministry of Agriculture, the Ministry of Agriculture of Ministry o
keholder		Stakeholder	Rural Support Service	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	The hard support Service grants, deministers and monitors and and carreis out the functions of the competent authority, it participates with other state representatives in the commission established by the Minister for Agriculture. In addition, it participates in meetings on topical assues. For example: meeting with Food and Veterinary Service, Ministry of Neutrino on ensuring epidemiological measures in product distribution in educational establishments due to the emergency announced by COVID-15; meetings with industry representatives on topical issues in the to the emergency announced by COVID-15; meetings with industry representatives on topical issues in the topic memoral of the organism meetings on additional educational cubities and program emolitaries. The Rural Support Service constantly communicates with public about current issues and events. Communication with public is carried out on the Rural Support Service's website www. Lod gov. to, not the program website www. persough/sistosh, (pectode), instrupture www.persough/sistosh has of peetitosk sistion where anyone con express its opinion about the program has been published on the website http://piersough/sistosh.iv/en/about/news/ Interesting data about the program has been published on the website http://piersough/sistosh.iv/en/about/news/
Public authority/ Private stakeholde	Health and Nutrition	Authority	Ministry of Health	Yes	No	No	No	No	Yes	Yes	No	No	Yes	Participates with other state representatives in the commission established by the Minister for Agriculture. In addition, the Ministry of Agriculture organizes and Ministry of Health participates in meetings on topical sture. For example, meeting with Must Support Service, Pool and Vetterbrank "service on ensuring engineeningspical measures in product distribution in educational establishments due to the emergency caused by COVID-19. The Ministry of Health, if necessary, provides an opinion on the informative materials prepared under the "School Milk and Fruit" program, which contain references to the impact on consumer health.
	Health a	Stakeholder	Food and Veterinary Service	No	No	Yes	No	No	Yes	Yes	No	No	No	Verifies compliance of the educational institutions involved in the aid program, the applicants for aid, and the products with the laws and regulations governing the circulation of food. In addition, the Ministry of Agriculture organizes and Food and Verininary Service participates in meetings on topical sissue. For example, meeting with hirul Support Service, Ministry of Health on ensuring epidemiological measures in product distribution in educational establishments due to the emergency coused by COVID-19.
	tion	Authority	Ministry of Education and Science	Yes	Yes	No	No	No	Yes	No	No	No	No	Informs Rural Support Service about the educational institutions that implement educational programs in pre- school and grades 1-9 in the current school year by indicating the number of pupils by levels of education. Participates with other state representatives in the commission established by the Minister for Agriculture.
	Education	Stakeholder	National Centre for Education of the Republic of Latvia	Yes	No	No	No	No	Yes	No	No	No	Yes	Participates with other state representatives in a commission established by the Minister for Agriculture. If necessary, the Notional Centre for Education provides an apinion on the additional educational materials prepared in the Transevork of School Milk and Fruit Program, considered as additional materials that could be used in teaching process.
Other	Other	Authority	Latria University of Life Sciences and Technologies	No	Yes	No	No	No	Yes	Yes	No	No	Yes	imolives different fields' specialists, including nutrition specialists and teachers of educational institutions, develops means for implementation of accompanying educational measures according to different age groups of pupils, and implements publicly measures of education of house the control of the different and the estimate of public of the education of
		Stakeholder	Institute of Food safety, Animal Health and Environment "BIOR"	No	No	No	Yes	No	Yes	Yes	No	No	Yes	The institute of Food Sofety, Animal Health and Environment "BION" evoluates the programme. Stage I and Stage 2 of the evoluation: won't has began an evoluating the results of the School program. In addition, the Ministry of Agriculture organizes and the Institute of Cool Sofety, Animal Health and Environment "BION" participates in meetings on topical Issues - namely on program evoluation.

PROGRAMME

"SCHOOL MILK AND FRUIT"

INLATVIA

SCHOOL YEAR 2020/2027

FAMILY CUP CHAMPIONSHIP "ZZ ČEMPIONĀTS"



Programme participated in the family cup championship "ZZ Čempionāts" final, where more than 2,000 participants from all over Latvia spent active and exciting day with their families.

There was a variety of interesting and witty questions about healthy living and nutrition within the programme for participants to answer. Each team that took part in this adventure received a surprise gift- healthy snack bags and badges with "School Milk and Fruit" symbols. Families had great opportunity to visit farms in the countryside and see the vegetables and fruits in the field, as well as to explore surroundings of Latvia nature.

OTHER ACTIVITIES

TV show in Latvia "Māmiņu klubs" (Mothers club) in attractive and exciting way explains how children and youngsters can strengthen their immunity and become more energetic on a daily basis by including milk as well as vegetables and fruits in their nutrition.







COMPETITION "BE ACTIVE! DO IT TOGETHER!"

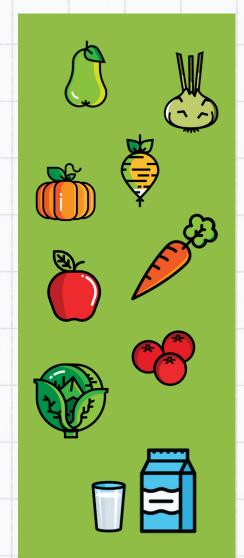
Children together with teachers and their families worked closely together and created a variety of interesting works that illustrated our daily habits and emphasized the importance of healthy eating in general.



It was great opportunity for children to learn about eating traditions and typical dishes of their region, as well as to prepare a healthy and delicious food popular in their region.







SOCIAL MEDIA CAMPAIGN "RAKSTĀMGALDA CHEK" ("SCHOOL DESK CHEK")

A social networks activity
where YouTube
influencers published
various examples with
healthy recipes.
@Instagram was great
opportunity for everyone
to read about healthy
eating and "try" out a
healthy snack!
In TikTok everyone could
participate in exciting
competition and show
what a healthy snack is on
his/ her desk.



SOCIAL MEDIA

The programme has several social networking accounts where up to date information about healthy eating, competitions and other activities are posted:



www.piensaugliskolai.lv





Republic of Latvia





