

Annex 2

List of possible accompanying educational measures under the EU school scheme in Schleswig-Holstein

1. In-school measures
<ul style="list-style-type: none">• Regular healthy breakfast<ul style="list-style-type: none">○ Weekly○ Two to four days a week○ Daily• Nutrition/Health working group• Project week on the subject of nutrition• Project day on the subject of nutrition• Work in the school garden• Focus on consumer education in the local studies, world studies and general studies curriculum• Schleswig-Holstein school of the future – Focus on health/nutrition• Consumer school
2. Measures provided with the assistance of external experts
<ul style="list-style-type: none">• Healthy school (auditing: Schleswig-Holstein State Association for Health Promotion)• AID Nutrition Licence (aid infodienst e.V.)• Fit and strong plus (IFA gGmbH)• Class 2000 (Verein Programm Klasse 2000 e.V.)• Happy body – happy life (Landesvereinigung für Gesundheitsförderung SH e.V.)• Nutrition projects with the “Schools with taste” network• Projects with the support of farmers in Schleswig-Holstein
3. Cooperation with non-school learning centres
<ul style="list-style-type: none">• Visit to a farm• Visit to a fruit or vegetable producer• Visit to a food-processing plant