# The EU school fruit, vegetables and milk scheme



## Annual monitoring report

2019/2020 school year

Country: Latvia

*Received on:* **29-01-2021** 

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2020) are preliminary: corrections are possible and payments may still be made.

## **1. Budget execution**

1.1. Expenditure for the supply/distribution of products (EUR)

	School fruit and vegetables			School milk				
	Fresh	Processed	Total fruits and vegetables	Drinking milk and lactose-free versions	Cheese, curd, yoghurt and other milk products with no added flavouring,	Milk products with added flavouring, fruit, nuts or cocoa	Total milk and milk products	Total
					fruit, nuts or cocoa			
EU aid	785.817	0	785.817	781.439	0	0	781.439	1.567.256
National Funds	715.887	0	715.887	1.433.611	0	0	1.433.611	2.149.498
of which: Public	715.887	0	715.887	1.433.611	0	0	1.433.611	2.149.498
of which: Private	0	0	0	0	0	0	0	0
Comments								

**1.2.** Expenditure for the educational measures (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	27.103	0	27.103
National Funds	190	0	190
of which: Public	190	0	
of which: Private	0	0	
Comments			

#### 1.3. Expenditure for information, monitoring and evaluation (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	2.055	6.552	8.607
National Funds	432	3.796	4.228
of which: Public	432	3.796	
of which: Private	0	0	
Comments			

### 2.1 Participating children

	Participating children			
	Number of children	Number of children who participated in the school fruit and vegetables part	Number of children who participated in the school milk part	
Nurseries/Pre-schools	88.374	80.983	74.152	
Of which: Nurseries	0	0	0	
Of which: Pre-schools	88.374	80.983	74.152	
Primary schools	176.353	174.108	168.896	
Secondary schools	0	0	0	
Total	264.727	255.091	243.048	
Comments	primary schools: pupils from 1st till 9th grade are taken into account. Secondary schools: pupils from 10th until 12th grade			

#### 2.2 Number of children in the target group

	Number of children in the target group set out in the strategy
Nurseries/Pre-schools	103.700
Of which: Nurseries	0
Of which: Pre-schools	103.700
Primary schools	200.745
Secondary schools	0
Total	304.445
Comments	As per table 2.1

#### 2.3 Total number of children

	Number of children eligible for the EU school fruit,
	vegetables and milk scheme
Nurseries/Pre-schools	103.700
Of which: Nurseries	0
Of which: Pre-schools	103.700
Primary schools	200.745
Secondary schools	36.018
Total	340.463
Comments	As per table 2.1





#### 3.1 Participating schools

	Participating schools		
	Number of schools	Number of schools that participated in the school fruit and vegetables part	Number of schools that participated in the school milk part
Nurseries/Pre-schools	541	505	463
Of which: Nurseries	0	0	0
Of which: Pre-schools	541	505	463
Primary schools	729	707	661
Secondary schools	0	0	0
Total	1.270	1.212	1.124
Comments			

#### 3.2 Number of schools in the target group

	Number of educational establishments in the target group set out in the strategy
Nurseries/Pre-schools	634
Of which: Nurseries	0
Of which: Pre-schools	634
Primary schools	752
Secondary schools	0
Total	1.386
Comments	

#### 3.3 Total number of schools

Nurseries/Pre-schools	634
Of which: Nurseries	0
Of which: Pre-schools	634
Primary schools	752
Secondary schools	320
Total	1.706
Comments	



# 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

#### 4.1.1 Fresh fruit

	List
Apples	✓
Apricots	
Aromatic Herbs	
Avocadoes	
Bananas	
Berries	✓
Cherries	
Citrus Fruit	
Figs	
Grapes	
Guavas/Mangoes	
Kiwis	
Melons	
Nuts	
Peaches/Nectarines	
Pears	$\checkmark$
Pineapples	
Plums	
Quinces	
Strawberries	
Watermelons	
Comments	

#### 4.1.3 Processed fruit and vegetables

	List
Fruit Juices	
Fruit Purées/Compotes	
Jams/Marmalades	
Dried Fruits	
Vegetable Juices	
Vegetables Soups	
Other:	
Comments	



#### 4.1.2 Fresh vegetables

4.1.2 FIESH Vegetables	List
Artichokes	
Asparagus	
Aubergines	
Beet	
Broccoli	
Cabbages	<b>√</b>
Carrots	, ✓
Cauliflowers	
Celery	
Chicory	
Courgettes	
Cucumbers	
Fennel	
Kohlrabi	
Kale	•
Garlic	
Gherkins	
Leeks	
Lettuce	
Mushrooms	
Onions	
Parsnips	
Peas	
Peppers	
Pulses	
Pumpkins	✓
Radishes	
Rutabagas	✓
Salad beetroot	
Salsifis	
Spinach	
Tomatoes	
Turnips	
Comments	

#### 4.1.4 Milk and milk products

	List
Drinking milk or lactose-free versions	$\checkmark$
Cheese and curd	
Plain yoghurt	
Milk products without added sugar,	
flavouring, fruit, nuts or cocoa	
Milk products without fruit juice, naturally	
flavoured	
Milk products with fruit juice, naturally	
flavoured or non-flavoured	
Milk-based drinks with cocoa, with fruit	
juice or naturally flavoured	
Fermented or non-fermented milk products	
with fruit, naturally flavoured or non-	
flavoured	
Comments	



#### 4.1.5 Other agricultural products that children tasted as part of educational measures

	List
Table olives	
Olive oil	
Honey	
Other:	
Comments	



#### 4.1.a) Priorities for the choice of school fruit, vegetables and milk

	Yes/No	Comments
Local/regional purchasing	Yes	Regional and seasonal products.
Organic products	Yes	Cultivated in accordance with the laws and regulations regarding organic farming, and confirmed by a certificate or a statement on commencing the transition period to organic farming issued by the control institution.
Short supply chains	Yes	Enable producers to deliver products directly to pupils at educational establishments. Using short supply chains pupils know the place of production of consuming products.
Quality schemes	Yes	Compliance with the requirements of the national food quality scheme for the use of the indication in green color, confirmed by a certificate of the Food and Veterinary Service .
Fair trade	No	

Other:	Environmental aspect: food transportation distance or "food miles". Products are not transported from the place of production to the relevant educational institution
	further than 300 kilometers.

#### 4.2 Average size of portion of school fruit, vegetables and milk (Kg/Lt)

	School fruit and vegetables	School milk
Кд	0,10	0,00
Liters	0,00	0,22
Comments	not less than 100 grams as per	not more than 250 millilitres and not
	national legislation	less than 100 millilitres

#### 4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

	School fruit and vegetables	School milk
EU aid	0,13	0,21
National aid (private/public)		
Comments		

#### 4.3.a Average cost of portion of apples in bulk (EUR)

	Portion of apples in bulk
EU aid	0,13
National aid (private/public)	
Comments	0.13 Euro per 1 apple portion

#### 4.3.b Average cost of portion of drinking milk (EUR)

	Portion of drinking milk
EU aid	0,21
National aid (private/public)	
Comments	

#### 4.4. Frequency of supply/distribution of school fruit, vegetables and milk

	School fruit and vegetables	School milk
Once per week		
Twice per week		
Three times per week	$\checkmark$	$\checkmark$
Four times per week		
Daily		
Other:		
Comments	Schools shall ensure that pupils receive products three times per week during	

#### 4.5. Duration of supply/distribution of fruit, vegetables and milk

	School fruit and vegetables	School milk
≤ 2 weeks		
> 2 and ≤ 4 weeks		
> 4 and $\leq$ 12 weeks		
> 12 and ≤ 24 weeks	✓	$\checkmark$
> 24 and ≤ 36 weeks		
Entire school year		
Other: please specify under comments		
Comments	Distribution period begins on 1st o	of October. Some schools used the
	prorogation of the school year link	red to Covid-19 and products were
	distributed to children in August and September 2020.	

#### 4.5.a. Supplied/distributed portions

	School fruit and vegetables School milk	
Number of portions supplied/distributed per child	44	52
Comments	1 portion for child 3 times a week	1 portion for child 3 times a week

# 4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

#### 4.6.1 Fresh fruit and vegetables

		Quantity	Comments
Fresh fruit and vegetables	Quantity in kg	1.133.277	
Of which: Fruit	Quantity in kg	802.670	
Of which: Vegetables	Quantity in kg	330.607	

#### 4.6.2 Processed fruit and vegetables

		Quantity	Comments
Processed fruit and vegetables	Quantity in kg	0	
Processed truit and vegetables	Quantity in litres	0	
Of which: Fruit juices	Quantity in litres	0	
Of which: Fruit purees/compotes	Quantity in kg	0	
Of which: Jams/Marmalades	Quantity in kg	0	
Of which: Dried fruits	Quantity in kg	0	
Of which: Vegetable juices	Quantity in litres	0	
Of which: Vegetable soups	Quantity in litres	0	
Of which: Other	Quantity in kg	0	

#### 4.6.3 Milk and milk products

	-	Quantity	Comments
Drinking milk and lactose-free versions	Quantity in litres	2.545.811	
Cheese and curd	Quantity in kg	0	
Plain yoghurt	Quantity in kg	0	
Milk products without added sugar, flavouring, fruit, nuts or cocoa	Quantity in kg	0	
Milk products without fruit juice, naturally flavoured	Quantity in kg	0	
Milk products with fruit juice, naturally flavoured or non-flavoured	Quantity in kg	0	
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	Quantity in litres	0	
Milk products with fruit, naturally flavoured or non-flavoured	Quantity in kg	0	

#### 4.6.4 Other agricultural products

		Quantity	Comments
Olive/olive oil	Quantity in kg	0	
-	Quantity in litres	0	
Honey	Quantity in kg	0	
Others:	Quantity in kg	0	

#### 5.1 Educational measures carried out

		Number of schoolchildren	Comments
	School gardens	0	
	Visits to farms, dairies, famers' markets and similar activities	0	
	Tasting classes, cooking workshops, other	0	
Type of measure	Lessons, lectures, workshops	264.727	School lessons on healthy nutrition. These school lessons were organized for all pupils eligible for the aid. Pupils have been taught about the importance of fruit, vegetables and milk in daily nutrition, as well as that healthy nutrition is a component of healthy lifestyle.
	Other activities: competitions, games, themed periods	264.727	<ul> <li>healthy eating habits: pupils have organized exhibitions at schools, where they presented handmade objects made from different fruits and vegetables;</li> <li>drawing exhibitions, composition of poems, songs, fairy-tales and school plays about fruits and vegetables.</li> </ul>

#### **5.2 Theme(s) of the educational measures carried out**

		Yes/No	Comments
	Reconnection of children to agriculture	Yes	
	Healthy eating habits	Yes	
	Local food chains	Yes	
	Organic	Yes	
	Sustainable production	Yes	
	Food waste	Yes	
Theme(s)	Other: please specify under comments	Yes	Latvia has informatively supported World Milk Day (June 1 - Milk Day) by gathering data on milk consumption. The mentioned information is published on the program website www.auglipiensskolai.lv: http://piensaugliskolai.lv/lv/parprogrammu/pasaules-piena- dienai-20-gadadiena/; facebook: https://www.facebook.com/piensaugliskolai; Rural Support Service has created the infographics "What has been done in the program "School Milk and Fruit"?". Summarizing interesting data about the program, and it has been published on the website http://piensaugliskolai.lv/en/about/what-has-been-achieved- inthe-programme-school-milk-and-fruit/; facebook: https://www.facebook.com/piensaugliskolai; twitter: https://www.facebook.com/piensaugliskolai; twitter:



#### 6. Communication activities carried out

	Yes/No	Comments
Poster at school premises	Yes	Usually poster is placed at school main entrance, on bulletin board or at dining-hall.
Poster at other relevant places	No	
Dedicated website(s)	Yes	Maintenance, development and improvements for the website dedicated to School milk and fruit programme: www.piensaugliskolai.lv and information updating on websites: https://www.instagram.com/piensaugliskolai/ https://www.facebook.com/piensaugliskolai https://twitter.com/PiensAugliSkola https://www.youtube.com/channel/UCatiXOAMaSvVSzDInvCYEg
Informative graphic material	Yes	Notebooks 300 pcs., pencils 330 pcs., magnets 450 pcs. have been produced; Study materials for pre-school children have been prepared http://piensaugliskolai.lv/en/teachers/pre- schoolinstitutions-receive-calendars-teaching-materials/ 800 posters have been made in the framework of the "School Milk and Fruit" program; Booklets produced in previous school year have been delivered or distributed in educational establishments. Alongside with the printed booklets, the electronic version of the booklets is available on the website of the aid program: http://piensaugliskolai.lv/wp- content/uploads/2019/09/Uzdevumi-1-3klasei.pdf Materials and regulations of the competition "Be active! Do it together!" were prepared for pre-school children (5 - 6 yo.) and for children (1st-4th forms) http://piensaugliskolai.lv/konkurss/. Due to the exceptional situation of COVID-19, the competition has been postponed to 2020/2021 school year, which is currently being implemented; Specialists of Latvia University of Life Sciences and Technologies have prepared study materials for children of pre-school educational establishments - calendars for the new school year- study materials. http://piensaugliskolai.lv/lv/skolotajiem/pirmsskolas-izglitibas- iestades-sanem-kalendarus-macibu-materialus/

Activity carried out/tool used	Information and awareness campaign (TV, radio, social media)	Yes	From September 13, 2019 till September 20, 2019 on the website www.e-klase.lv advertisements of the program "School Milk and Fruit" aimed at teachers and 1st-3rd grade parents have been placed and maintained; Creation of two TV show's plot in Latvian - TV Show "Mommy's Club" ("Māmiņu klubs"), broadcast on TV in October 2019 and in December 2019; The work has been started on a pupil competition in social networks Youtube, Instagram and TIKTOK http://piensaugliskolai.lv/lv/berniem/konkursi/#1552893996323- b4cc64fa-2d1d . Due to the emergency of COVID-19, the competition has been postponed to 2020/2021 school year, which is currently being implemented; Latvia has informatively supported World Milk Day (June 1 - Milk Day) by gathering data on milk consumption. The mentioned information is published on the program website www.auglipiensskolai.lv: http://piensaugliskolai.lv/lv/par- programmu/pasaules-piena-dienai-20-gadadiena/; facebook: https://www.facebook.com/piensaugliskolai; Rural Support Service has created the infographics "What has been done in the program "Milk and School Fruit"?". Summarizing interesting data about the program, and it has been published on the website http://piensaugliskolai.lv/en/about/what-has-been- achieved-in-the-programme-school-milk-and-fruit/; facebook: https://www.facebook.com/piensaugliskolai; twiter: https://twitter.com/PiensAugliSkolai.
	Others (e.g. networking activities)	Yes	Latvia has supported informatively World Milk Day (June 1 - Milk Day) by collecting data on milk consumption. The mentioned information is published on the website of the program www.auglipiensskolai.lv: http://piensaugliskolai.lv/lv/par- programmu/pasaules-piena-dienai-20-gadadiena/; facebook: https: //www.facebook .com / milk protection schools; Rural Support Service has created an infographics "What has been done in the framework of the program "Milk and fruit for the school"?" Interesting data about the program has been published on the website www.auglipiensskolai.lv: http://piensaugliskolai.lv/en/about/what-has-been-achieved-in-the- programme-school-milk-and-fruit/; facebook: https://twitter.com/PiensAugliSkola An infographics in English, attached to the report: : http://piensaugliskolai.lv/en/about/what-has-been-achieved-in-the- programme-school-milk-and-fruit/



#### 7. Authorities and stakeholders involved

		Name	Involved in Planning	Involved in Implementation	Involved in Monitoring	Involved in Evaluation	Responsible for implementation / supervision /advice (if yes, please specify for which of those under comments)	Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments)	Participation in regular meetings	Events (conferences/semi nars, workshops) (if yes, please specify which event/s under comments)	Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments)	Other (if yes, please specify under comments)	Comments
Agriculture	Authority	Ministry of Agriculture	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	No	The Ministry of Agriculture drafts the national legislation for implementation of the school scheme, as well as performs the overall supervision of implementation of the scheme. The Minister for Agriculture establishes a commission, including representatives from the Ministry of Agriculture, the Rural Support Service, the Ministry of Health, the Ministry of Education and Science, the National Center for Education and the Center for Disease Prevention and control in order to carry out the following according to the financing available in the current school year: - determines the distribution of financing available in the current school year; - approves a plan and an estimate of accompanying educational and publicity measures of the aid program, and a report on the implementation of measures; - approves a plan and an estimate of preparation of evaluation of the aid program, and a report on evaluation. The right to the intellectual property created in the accompanying educational measures and publicity measures belongs to the Ministry of Agriculture. Develops and submits to the European Commission the strategy referred to in Article 2(3) of Regulation No 2017/40 and the application for European Union aid referred to in Article 3 of Regulation No 2017/40
	Stakeholder	Rural Support Service	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Rural Support Service grants, administers and monitors aid as well as carry out: - functions of a Member State in accordance with the second subparagraph of Article 8(1) and Article 8(2),

	Health and Nutrition	Authority	Ministry of Health	Yes	No	No	No	No	Yes	Yes	No	No	Yes	Participates with other state representatives at the commission established by the Minister for Agriculture. In addition, the Ministry of Agriculture organizes and participates in meetings on topical issues. For example: meeting with Rural Support Service, Food and Veterinary Service, Ministry of Health on ensuring epidemiological measures in product distribution in educational establishments due to the emergency caused by COVID-19. The Ministry of Health, if necessary, provides an opinion on the informative materials prepared under the "School Milk and Fruit" program, which contain references to the impact on consumer health.
Public authority/ Private stakeholder 	Health	Stakeholder	Food and Veterinary Service	No	No	Yes	No	No	Yes	Yes	No	No	No	Verifies compliance of the educational institutions involved in the aid program, the applicants for aid, and the products with the laws and regulations governing the circulation of food. In addition, the Ministry of Agriculture organizes and participates in meetings on topical issues. For example: meeting with Rural Support Service, Food and Veterinary Service, Ministry of Health on ensuring epidemiological measures in product distribution in educational establishments due to the emergency caused by COVID-19.
		Authority	Ministry of Education and Science	Yes	Yes	No	No	No	Yes	No	No	No	No	Informs Rural Support Service about the educational institutions that implement educational programs in pre-school and grades 1-9 in the current school year by indicating the number of pupils by levels of education. Participates with other state representatives at the commission established by the Minister for Agriculture.
	Education	Stakeholder	National Centre for Education of the Republic of Latvia	Yes	No	No	No	No	Yes	No	No	No	Yes	Participates with other state representatives at a commission established by the Minister for Agriculture. If necessary, National Centre for Education of the Republic of Latvia provides an opinion on the additional educational materials prepared in the framework of School Milk and Fruit Program. These additional educational materials are considered as additional materials that could be used in teaching process.

Other	Authority	Latvia University of Life Sciences and Technologies	No	Yes	No	No	No	Yes	Yes	No	No	Yes	Involves different fields' specialists, including nutrition specialists and teachers of educational institutions, develops means for implementation of accompanying educational measures according to different age groups of pupils, and implements publicity measures of educational character in compliance with the plan and the estimate of accompanying educational measures and publicity measures of educational nature within the aid programme approved by the commission established by the Minister for Agriculture. In addition, the Ministry of Agriculture organizes and participates in meetings on topical issues. For example: meetings on additional educational measures, their course. Within the framework of the program Latvia University of Life Sciences and Technologies organizes additional educational measures. Materials for the competition "Be active, do it together!" have been prepared for the pre- school and 15t-4th grade children. Due to the emergency of Covid -19 the competition was postponed to 2021: http://piensaugliskolai.lv/lv/berniem/konkur si/#1610707374918-8240737d-b9bd
	Stakeholder	Institute of Food safety, Animal Health and Environment "BIOR"	No	No	No	Yes	No	Yes	Yes	No	No	Yes	According to the plan and the estimate of preparation of evaluation of the aid program approved by the commission, the aid program is evaluated by the Institute of Food Safety, Animal Health and Environment "BIOR". In addition, the Ministry of Agriculture organizes and participates in meetings on topical issues. For example: meetings on program evaluation. BIOR evaluates the results of the program. In the second half of 2020 work on the evaluation of the program has started.

