

The EU school fruit, vegetables and milk scheme



Annual monitoring report

2020/2021 school year

Country: **Finland**

Received on: **31-01-2022**

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2021) are preliminary: corrections are possible and payments may still be made.

1. Budget execution

1.1. Expenditure for the supply/distribution of products (EUR)

	School fruit and vegetables			School milk			Total	
	Fresh	Processed	Total fruits and vegetables	Drinking milk and lactose-free versions	Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa	Milk products with added flavouring, fruit, nuts or cocoa		Total milk and milk products
EU aid	811 805	0	811 805	2 551 090	139 378	0	2 690 468	3 502 273
National Funds	0	0	0	0	0	0	0	0
<i>of which: Public</i>			<i>0</i>				<i>0</i>	<i>0</i>
<i>of which: Private</i>			<i>0</i>				<i>0</i>	<i>0</i>
Comments								

1.2. Expenditure for the educational measures (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	157 899	368 431	526 330
National Funds	0	0	0
<i>of which: Public</i>			
<i>of which: Private</i>			
Comments			

1.3. Expenditure for information, monitoring and evaluation (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	0	0	0
National Funds			0
<i>of which: Public</i>			
<i>of which: Private</i>			
Comments			

2.1 Participating children

	Participating children		
	Number of children	Number of children who participated in the school fruit and vegetables part	Number of children who participated in the school milk part
Nurseries/Pre-schools	162 495	53 761	161 385
<i>Of which: Nurseries</i>			
<i>Of which: Pre-schools</i>			
Primary schools	482 006	187 972	478 808
Secondary schools	145 591	41 835	145 099
Total	790 092	283 568	785 292
Comments	<i>For primary schools we count all the children in comprehensive school (classes 1-10). Technically classes 7-10 could be considered as secondary school, but for the purposes of the scheme this is more appropriate.</i>		

2.2 Number of children in the target group

	Number of children in the target group set out in the strategy
Nurseries/Pre-schools	
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	
Primary schools	
Secondary schools	
Total	
Comments	



2.3 Total number of children

	Number of children eligible for the EU school fruit, vegetables and milk scheme
Nurseries/Pre-schools	
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	
Primary schools	
Secondary schools	
Total	
Comments	



3.1 Participating schools

	Participating schools		
	Number of schools	Number of schools that participated in the school fruit and vegetables part	Number of schools that participated in the school milk part
Nurseries/Pre-schools	2 501	810	2 478
<i>Of which: Nurseries</i>			
<i>Of which: Pre-schools</i>			
Primary schools	2 284	894	2 252
Secondary schools	386	107	384
Total	5 171	1 811	5 114
Comments			

3.2 Number of schools in the target group

	Number of educational establishments in the target group set out in the strategy
Nurseries/Pre-schools	
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	
Primary schools	
Secondary schools	
Total	
Comments	

3.3 Total number of schools

Nurseries/Pre-schools	
<i>Of which: Nurseries</i>	
<i>Of which: Pre-schools</i>	
Primary schools	
Secondary schools	
Total	
Comments	



4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

4.1.1 Fresh fruit

	List
Apples	✓
Apricots	
Aromatic Herbs	
Avocados	
Bananas	✓
Berries	✓
Cherries	
Citrus Fruit	✓
Figs	
Grapes	
Guavas/Mangoes	
Kiwis	
Melons	
Nuts	
Peaches/Nectarines	
Pears	
Pineapples	
Plums	
Quinces	
Strawberries	✓
Watermelons	
Comments	

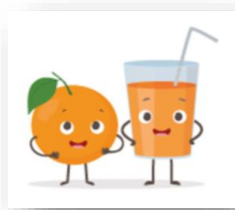


4.1.2 Fresh vegetables

	List
Artichokes	
Asparagus	
Aubergines	
Beet	
Broccoli	
Cabbages	✓
Carrots	✓
Cauliflowers	
Celery	
Chicory	
Courgettes	
Cucumbers	✓
Fennel	
Kohlrabi	
Kale	
Garlic	
Gherkins	
Leeks	
Lettuce	
Mushrooms	
Onions	
Parsnips	
Peas	✓
Peppers	
Pulses	
Pumpkins	
Radishes	
Rutabagas	✓
Salad beetroot	
Salsifis	
Spinach	
Tomatoes	✓
Turnips	
Comments	

4.1.3 Processed fruit and vegetables

	List
Fruit Juices	
Fruit Purées/Compotes	
Jams/Marmalades	
Dried Fruits	
Vegetable Juices	
Vegetables Soups	
Other:	
Comments	



4.1.4 Milk and milk products

	List
Drinking milk or lactose-free versions	✓
Cheese and curd	✓
Plain yoghurt	✓
Milk products without added sugar, flavouring, fruit, nuts or cocoa	✓
Milk products without fruit juice, naturally flavoured	
Milk products with fruit juice, naturally flavoured or non-flavoured	
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	
Fermented or non-fermented milk products with fruit, naturally flavoured or non-flavoured	
Comments	



4.1.5 Other agricultural products that children tasted as part of educational measures

	List
Table olives	
Olive oil	
Honey	
Other:	
Comments	



4.1.a) Priorities for the choice of school fruit, vegetables and milk

	Yes/No	Comments
Local/regional purchasing		
Organic products		
Short supply chains		
Quality schemes		
Fair trade		
Other:		

4.2 Average size of portion of school fruit, vegetables and milk (Kg/Lt)

	School fruit and vegetables	School milk
Kg	0,03	0,01
Liters	0,00	0,09
Comments		<i>Estimate, calculated dividing the distributed quantities for the number of school days of distribution and the number of children. For cheese, the portion can be slices that children put on bread.</i>

4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

	School fruit and vegetables	School milk
EU aid	0,03	0,02
National aid (private/public)		
Comments		

4.3.a Average cost of portion of apples in bulk (EUR)

	Portion of apples in bulk
EU aid	
National aid (private/public)	
Comments	

4.3.b Average cost of portion of drinking milk (EUR)

	Portion of drinking milk
EU aid	
National aid (private/public)	
Comments	



4.4. Frequency of supply/distribution of school fruit, vegetables and milk

	School fruit and vegetables	School milk
Once per week		
Twice per week		
Three times per week		
Four times per week		
Daily	✓	✓
Other:		
Comments	<i>Daily during application periods 1.8.-31.10.2020 and 1.2.-30.4.2021.</i>	

4.5. Duration of supply/distribution of fruit, vegetables and milk

	School fruit and vegetables	School milk
≤ 2 weeks		
> 2 and ≤ 4 weeks		
> 4 and ≤ 12 weeks		
> 12 and ≤ 24 weeks		
> 24 and ≤ 36 weeks	✓	
Entire school year		✓
Other: please specify under comments		
Comments		

4.5.a. Supplied/distributed portions

	School fruit and vegetables	School milk
Number of portions supplied/distributed per child	103	384
Comments		<i>Estimate, based on the quantities distributed (indicated in table 4.6.3) and the number of school days in which children received the school milk products (192 days calculated on the average of schools).</i>

4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

4.6.1 Fresh fruit and vegetables

		Quantity	Comments
Fresh fruit and vegetables	Quantity in kg	871 018	
<i>Of which: Fruit</i>	<i>Quantity in kg</i>	<i>351 900</i>	
<i>Of which: Vegetables</i>	<i>Quantity in kg</i>	<i>519 118</i>	

4.6.2 Processed fruit and vegetables

		Quantity	Comments
Processed fruit and vegetables	Quantity in kg	0	
	Quantity in litres	0	
<i>Of which: Fruit juices</i>	<i>Quantity in litres</i>		
<i>Of which: Fruit purees/compotes</i>	<i>Quantity in kg</i>		
<i>Of which: Jams/Marmalades</i>	<i>Quantity in kg</i>		
<i>Of which: Dried fruits</i>	<i>Quantity in kg</i>		
<i>Of which: Vegetable juices</i>	<i>Quantity in litres</i>		
<i>Of which: Vegetable soups</i>	<i>Quantity in litres</i>		
<i>Of which: Other</i>	<i>Quantity in kg</i>		

4.6.3 Milk and milk products

		Quantity	Comments
Drinking milk and lactose-free versions	Quantity in litres	13 001 209	
Cheese and curd	Quantity in kg	187 996	
Plain yoghurt	Quantity in kg	410 720	<i>Including plain yoghurt, qvark and plain curdled milk.</i>
Milk products without added sugar, flavouring, fruit, nuts or cocoa	Quantity in kg	1 063 610	<i>Sour milk in litres</i>
Milk products without fruit juice, naturally flavoured	Quantity in kg	0	
Milk products with fruit juice, naturally flavoured or non-flavoured	Quantity in kg	0	
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	Quantity in litres	0	
Milk products with fruit, naturally flavoured or non-flavoured	Quantity in kg	0	

4.6.4 Other agricultural products

		Quantity	Comments
Olive/olive oil	Quantity in kg	0	
	Quantity in litres	0	
Honey	Quantity in kg	0	
Others:	Quantity in kg	0	

5.1 Educational measures carried out

		Number of schoolchildren	Comments
Type of measure	School gardens	0	<i>RuokaTutka doesn't have measures that involve school gardens</i>
	Visits to farms, dairies, famers' markets and similar activities	266 106	<i>Seven remote farm visits / recorded digital lessons for children about farming and milk producing. Combined number of schoolchildren is an estimate based on attendees and YouTube, Facebook, and Instagram viewers of the recordings.</i>
	Tasting classes, cooking workshops, other	13 035	<i>Remote school visits with the theme of Taste School. In addition to the number of participants, the total number includes the reach of social media.</i>
	Lessons, lectures, workshops	450 183	<i>Seven recorded digital lessons for children about Taste School, school lunch and school kitchen, digestion, media literacy and berries. Four YouTube videos on what milk, cheese, vegetables or the colour of blueberry actually are. Combined number of schoolchildren is an estimate based on attendees and YouTube, Facebook, and Instagram viewers of the recordings and videos. In addition to the measures directed to children, a number of webinars and workshops about food education for teachers has been produced in RuokaTutka. These have potentially reached thousands of children indirectly.</i>
	Other activities: competitions, games, themed periods ...	175 533	<i>The number includes unique viewers of online games, ThingLink learning environments and other exercises on website and social media, reach of influencer campaign on social media and number of nutrition themed printed exercise books sent. RuokaTutka has also approached teachers through online fairs and marketing, which have potentially/indirectly reached thousands of children.</i>

5.2 Theme(s) of the educational measures carried out

		Yes/No	Comments
Theme(s)	Reconnection of children to agriculture	Yes	
	Healthy eating habits	Yes	
	Local food chains	Yes	
	Organic	Yes	
	Sustainable production	Yes	
	Food waste	Yes	
	Other: please specify under comments	Yes	<i>Cooking, Tasting, Media education, School lunch</i>



6. Communication activities carried out

		Yes/No	Comments
Activity carried out/tool used	Poster at school premises	Yes	<i>A part of the RuokaTutka campaign.</i>
	Poster at other relevant places	No	
	Dedicated website(s)	No	
	Informative graphic material	No	
	Information and awareness campaign (TV, radio, social media)	No	
	Others (e.g. networking activities)	No	



7. Authorities and stakeholders involved

		Name	Involved in Planning	Involved in Implementation	Involved in Monitoring	Involved in Evaluation	Responsible for implementation / supervision / advice (if yes, please specify for which of those under comments)	Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments)	Participation in regular meetings	Events (conferences/seminars, workshops ...) (if yes, please specify which event/s under comments)	Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments)	Other (if yes, please specify under comments)	Comments	
Public authority/ Private stakeholder	Agriculture	Authority	Maa- ja metsätalousministeriö/Ministry of Agriculture and Forestry	Yes	No	No	No	No	Yes	No	No	No		
		Stakeholder	Maa- ja metsätaloustuottajain keskusliitto MTK/Central Union of Agricultural Producers and Forest Owners	No	No	No	No	No	No	No	No	No	Yes	<i>Commented on national legislation.</i>
	Health and Nutrition	Authority	Sosiaali- ja terveysministeriö/Ministry of Social Affairs and Health	No	No	No	No	No	No	No	No	No	Yes	<i>Commented on national legislation.</i>
		Stakeholder	Terveyden ja hyvinvoinnin laitos THL/Finnish Institute for Health and Welfare	No	No	No	No	No	No	No	No	No	Yes	<i>Commented on national legislation.</i>
	Education	Authority	Opetus- ja kulttuuriministeriö/Ministry of Education and Culture	No	No	No	No	No	No	No	No	No	Yes	<i>Commented on national legislation.</i>
		Stakeholder	Opetushallitus/Finnish National Agency for Education	No	No	No	No	No	No	No	No	No	Yes	<i>Commented on national legislation.</i>
	Other	Authority	Valtiovarainministeriö/Ministry of Finance	Yes	No	No	No	No	No	No	No	No	No	
		Stakeholder	Cocomms Oy	Yes	Yes	Yes	No	Yes	No	Yes	No	Yes	No	<i>Carries out the additional educational measures campaign RuokaTutka.</i>