

# The EU school fruit, vegetables and milk scheme



## Annual monitoring report

2018/2019 school year

*Country:* **Portugal**

*Received on:* **31-01-2020**

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2019) are preliminary: corrections are possible and payments may still be made.

# 1. Budget execution

## 1.1. Expenditure for the supply/distribution of products (EUR)

|                          | School fruit and vegetables |           |                             | School milk                             |  |   |                              | Total            |
|--------------------------|-----------------------------|-----------|-----------------------------|---|--|---|------------------------------|------------------|
|                          | Fresh                       | Processed | Total fruits and vegetables | Drinking milk and lactose-free versions | Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa | Milk products with added flavouring, fruit, nuts or cocoa | Total milk and milk products |                  |
| <b>EU aid</b>            | 738.007                     | 0         | <b>738.007</b>              | 1.361.416                               | 0  | 0   | <b>1.361.416</b>             | <b>2.099.423</b> |
| <b>National Funds</b>    | 0                           | 0         | <b>0</b>                    | 0                                       | 0  | 0   | <b>0</b>                     | <b>0</b>         |
| <i>of which: Public</i>  |                             |           | <i>0</i>                    |   |  |   | <i>0</i>                     | <i>0</i>         |
| <i>of which: Private</i> |                             |           | <i>0</i>                    |   |  |   | <i>0</i>                     | <i>0</i>         |
| <b>Comments</b>          |                             |           |                             |   |  |   |                              |                  |

## 1.2. Expenditure for the educational measures (EUR)

|                          | On school fruit and vegetables | On school milk | Total         |
|--------------------------|--------------------------------|----------------|---------------|
| <b>EU aid</b>            | 22.265                         | 1.200          | <b>23.465</b> |
| <b>National Funds</b>    | 0                              | 0              | <b>0</b>      |
| <i>of which: Public</i>  |                                |                |               |
| <i>of which: Private</i> |                                |                |               |
| <b>Comments</b>          |                                |                |               |

## 1.3. Expenditure for information, monitoring and evaluation (EUR)

|                          | On school fruit and vegetables | On school milk | Total    |
|--------------------------|--------------------------------|----------------|----------|
| <b>EU aid</b>            |                                |                | <b>0</b> |
| <b>National Funds</b>    |                                |                | <b>0</b> |
| <i>of which: Public</i>  |                                |                |          |
| <i>of which: Private</i> |                                |                |          |
| <b>Comments</b>          |                                |                |          |

## 2.1 Participating children

|                              | Participating children |   |   |
|------------------------------|------------------------|---|---|
|                              | Number of children     | Number of children who participated in the school fruit and vegetables part | Number of children who participated in the school milk part |
| <b>Nurseries/Pre-schools</b> | 124.668                | 0   | 124.668   |
| <i>Of which: Nurseries</i>   |                        |   |   |
| <i>Of which: Pre-schools</i> | 124.668                |   | 124.668   |
| <b>Primary schools</b>       | 330.866                | 145.261   | 330.838   |
| <b>Secondary schools</b>     | 0                      |   |   |
| <b>Total</b>                 | <b>455.534</b>         |   |   |
| <b>Comments</b>              |                        |   |   |

## 2.2 Number of children in the target group

|                              | Number of children in the target group set out in the strategy |
|------------------------------|--|
| <b>Nurseries/Pre-schools</b> |  |
| <i>Of which: Nurseries</i>   |  |
| <i>Of which: Pre-schools</i> |  |
| <b>Primary schools</b>       |  |
| <b>Secondary schools</b>     |  |
| <b>Total</b>                 |  |
| <b>Comments</b>              |  |



## 2.3 Total number of children

|                              | Number of children eligible for the EU school fruit, vegetables and milk scheme |
|------------------------------|---|
| <b>Nurseries/Pre-schools</b> |   |
| <i>Of which: Nurseries</i>   |   |
| <i>Of which: Pre-schools</i> |   |
| <b>Primary schools</b>       |   |
| <b>Secondary schools</b>     |   |
| <b>Total</b>                 |   |
| <b>Comments</b>              |   |



### 3.1 Participating schools

|                              | Participating schools |   |   |
|------------------------------|-----------------------|---|---|
|                              | Number of schools     | Number of schools that participated in the school fruit and vegetables part | Number of schools that participated in the school milk part |
| <b>Nurseries/Pre-schools</b> | 3.553                 | 152   | 3.553   |
| <i>Of which: Nurseries</i>   |                       |   |   |
| <i>Of which: Pre-schools</i> | 3.553                 | 152   | 3.553   |
| <b>Primary schools</b>       | 3.647                 | 1.735   | 3.647   |
| <b>Secondary schools</b>     | 0                     |   |   |
| <b>Total</b>                 | <b>7.200</b>          | <b>1.887</b>  | <b>7.200</b>  |
| <b>Comments</b>              |                       |   |   |

### 3.2 Number of schools in the target group

|                              | Number of schools in the target group | School fruit and vegetables part of the scheme | School milk part of the scheme |
|------------------------------|---------------------------------------|--|--------------------------------|
| <b>Nurseries/Pre-schools</b> |                                       |  |                                |
| <i>Of which: Nurseries</i>   |                                       |  |                                |
| <i>Of which: Pre-schools</i> |                                       |  |                                |
| <b>Primary schools</b>       |                                       |  |                                |
| <b>Secondary schools</b>     |                                       |  |                                |
| <b>Total</b>                 |                                       |  |                                |
| <b>Comments</b>              |                                       |  |                                |

### 3.3 Total number of schools

|                              |  |
|------------------------------|--|
| <b>Nurseries/Pre-schools</b> |  |
| <i>Of which: Nurseries</i>   |  |
| <i>Of which: Pre-schools</i> |  |
| <b>Primary schools</b>       |  |
| <b>Secondary schools</b>     |  |
| <b>Total</b>                 |  |
| <b>Comments</b>              |  |



## 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

### 4.1.1 Fresh fruit

|                    | List |
|--------------------|------|
| Apples             | ✓    |
| Apricots           | ✓    |
| Aromatic Herbs     |      |
| Avocados           |      |
| Bananas            | ✓    |
| Berries            |      |
| Cherries           | ✓    |
| Citrus Fruit       | ✓    |
| Figs               |      |
| Grapes             | ✓    |
| Guavas/Mangoes     |      |
| Kiwis              | ✓    |
| Melons             |      |
| Nuts               |      |
| Peaches/Nectarines | ✓    |
| Pears              | ✓    |
| Pineapples         |      |
| Plums              | ✓    |
| Quinces            |      |
| Strawberries       |      |
| Watermelons        |      |
| Comments           |      |

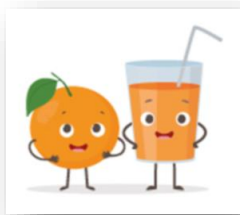


### 4.1.2 Fresh vegetables

|                | List |
|----------------|------|
| Artichokes     |      |
| Asparagus      |      |
| Aubergines     |      |
| Beet           |      |
| Broccoli       |      |
| Cabbages       |      |
| Carrots        | ✓    |
| Cauliflowers   |      |
| Celery         |      |
| Chicory        |      |
| Courgettes     |      |
| Cucumbers      |      |
| Fennel         |      |
| Kohlrabi       |      |
| Kale           |      |
| Garlic         |      |
| Gherkins       |      |
| Leeks          |      |
| Lettuce        |      |
| Mushrooms      |      |
| Onions         |      |
| Parsnips       |      |
| Peas           |      |
| Peppers        |      |
| Pulses         |      |
| Pumpkins       |      |
| Radishes       |      |
| Rutabagas      |      |
| Salad beetroot |      |
| Salsifis       |      |
| Spinach        |      |
| Tomatoes       | ✓    |
| Turnips        |      |
| Comments       |      |

### 4.1.3 Processed fruit and vegetables

|                       | List |
|-----------------------|------|
| Fruit Juices          |      |
| Fruit Purées/Compotes |      |
| Jams/Marmalades       |      |
| Dried Fruits          |      |
| Vegetable Juices      |      |
| Vegetables Soups      |      |
| Other:                |      |
| Comments              |      |



#### 4.1.4 Milk and milk products



|   | List |
|---|------|
| Drinking milk or lactose-free versions  | ✓    |
| Cheese and curd   |      |
| Plain yoghurt   |      |
| Milk products without added sugar, flavouring, fruit, nuts or cocoa                       |      |
| Milk products without fruit juice, naturally flavoured                                    |      |
| Milk products with fruit juice, naturally flavoured or non-flavoured                      |      |
| Milk-based drinks with cocoa, with fruit juice or naturally flavoured                     |      |
| Fermented or non-fermented milk products with fruit, naturally flavoured or non-flavoured |      |
| Comments  |      |

#### 4.1.5 Other agricultural products that children tasted as part of educational measures



|              | List |
|--------------|------|
| Table olives |      |
| Olive oil    |      |
| Honey        |      |
| Other:       |      |
| Comments     |      |

#### 4.1.a) Priorities for the choice of school fruit, vegetables and milk

|                           | Yes/No | Comments |
|---------------------------|--------|----------|
| Local/regional purchasing | No     |          |
| Organic products          | No     |          |
| Short supply chains       | No     |          |
| Quality schemes           | No     |          |
| Fair trade                | No     |          |
| Other:                    | No     |          |

#### 4.2 Average size of portion of school fruit, vegetables and milk (Kg/Lt)

|          | School fruit and vegetables | School milk |
|----------|-----------------------------|-------------|
| Kg       | 0,10                        |             |
| Liters   |                             | 0,20        |
| Comments |                             |             |

#### 4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

|                               | School fruit and vegetables | School milk |
|-------------------------------|-----------------------------|-------------|
| EU aid                        | 0,11                        | 0,13        |
| National aid (private/public) |                             |             |
| Comments                      |                             |             |

#### 4.3.a Average cost of portion of apples in bulk (EUR)

|                               | Portion of apples in bulk |
|-------------------------------|---------------------------|
| EU aid                        |                           |
| National aid (private/public) |                           |
| Comments                      |                           |

#### 4.3.b Average cost of portion of drinking milk (EUR)

|                               | Portion of drinking milk |
|-------------------------------|--------------------------|
| EU aid                        |                          |
| National aid (private/public) |                          |
| Comments                      |                          |

#### 4.4. Frequency of supply/distribution of school fruit, vegetables and milk

|                      | School fruit and vegetables | School milk |
|----------------------|-----------------------------|-------------|
| Once per week        |                             | ✓           |
| Twice per week       | ✓                           |             |
| Three times per week |                             |             |
| Four times per week  |                             |             |
| Daily                |                             |             |
| Other:               |                             |             |
| Comments             |                             |             |



#### 4.5. Duration of supply/distribution of fruit, vegetables and milk

|                     | School fruit and vegetables | School milk |
|---------------------|-----------------------------|-------------|
| ≤ 2 weeks           |                             |             |
| > 2 and ≤ 4 weeks   |                             |             |
| > 4 and ≤ 12 weeks  |                             |             |
| > 12 and ≤ 24 weeks |                             |             |
| > 24 and ≤ 36 weeks | ✓                           | ✓           |
| Entire school year  |                             |             |
| Comments            |                             |             |

#### 4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

##### 4.6.1 Fresh fruit and vegetables

|                             |                       | Quantity | Comments |
|-----------------------------|-----------------------|----------|----------|
| Fresh fruit and vegetables  | Quantity in kg        | 660.141  |          |
| <i>Of which: Fruit</i>      | <i>Quantity in kg</i> |          |          |
| <i>Of which: Vegetables</i> | <i>Quantity in kg</i> |          |          |

##### 4.6.2 Processed fruit and vegetables

|  |                           | Quantity | Comments |
|--|---------------------------|----------|----------|
| Processed fruit and vegetables         | Quantity in kg            | 0        |          |
|  | Quantity in litres        | 0        |          |
| <i>Of which: Fruit juices</i>          | <i>Quantity in litres</i> |          |          |
| <i>Of which: Fruit purees/compotes</i> | <i>Quantity in kg</i>     |          |          |
| <i>Of which: Dried fruits</i>          | <i>Quantity in kg</i>     |          |          |
| <i>Of which: Vegetable juices</i>      | <i>Quantity in litres</i> |          |          |
| <i>Of which: Vegetable soups</i>       | <i>Quantity in litres</i> |          |          |
| <i>Of which: Other</i>                 | <i>Quantity in kg</i>     |          |          |

##### 4.6.3 Milk and milk products

|   |                    | Quantity  | Comments |
|---|--------------------|-----------|----------|
| Drinking milk and lactose-free versions                               | Quantity in litres | 2.126.535 |          |
| Cheese and curd   | Quantity in kg     | 0         |          |
| Plain yoghurt   | Quantity in kg     | 0         |          |
| Milk products without added sugar, flavouring, fruit, nuts or cocoa   | Quantity in kg     | 0         |          |
| Milk products without fruit juice, naturally flavoured                | Quantity in kg     | 0         |          |
| Milk products with fruit juice, naturally flavoured or non-flavoured  | Quantity in kg     | 0         |          |
| Milk-based drinks with cocoa, with fruit juice or naturally flavoured | Quantity in litres | 0         |          |
| Milk products with fruit, naturally flavoured or non-flavoured        | Quantity in kg     | 0         |          |

##### 4.6.4 Other agricultural products

|                 |                    | Quantity | Comments |
|-----------------|--------------------|----------|----------|
| Olive/olive oil | Quantity in kg     | 0        |          |
|                 | Quantity in litres | 0        |          |
| Honey           | Quantity in kg     | 0        |          |
| Others:         | Quantity in kg     | 0        |          |



### 5.1 Educational measures carried out

|                 |  | Number of schoolchildren | Comments |
|-----------------|--|--------------------------|----------|
| Type of measure | School gardens   | 213.891                  |          |
|                 | Visits to farms, dairies, famers' markets and similar activities | 160.071                  |          |
|                 | Tasting classes, cooking workshops, other                        | 292.186                  |          |
|                 | Lessons, lectures, workshops                                     | 171.967                  |          |
|                 | Other activities: competitions, games, themed periods ...        | 0                        |          |

### 5.2 Theme(s) of the educational measures carried out

|          |   | Yes/No | Comments |
|----------|---|--------|----------|
| Theme(s) | Reconnection of children to agriculture | Yes    |          |
|          | Healthy eating habits                   | Yes    |          |
|          | Local food chains                       | Yes    |          |
|          | Organic                                 | Yes    |          |
|          | Sustainable production                  | No     |          |
|          | Food waste                              | Yes    |          |
|          | Other: please specify under comments    | No     |          |



## 6. Communication activities carried out

|                                |  | Yes/No | Comments |
|--------------------------------|--|--------|----------|
| Activity carried out/tool used | Poster at school premises                                    | Yes    |          |
|                                | Poster at other relevant places                              | No     |          |
|                                | Dedicated website(s)   | No     |          |
|                                | Informative graphic material                                 | Yes    |          |
|                                | Information and awareness campaign (TV, radio, social media) | No     |          |
|                                | Others (e.g. networking activities)                          | No     |          |



## 7. Authorities and stakeholders involved

|  |                      | Name        | Involved in Planning                  | Involved in Implementation | Involved in Monitoring | Involved in Evaluation | How |                     |
|--|----------------------|-------------|---------------------------------------|----------------------------|------------------------|------------------------|-----|---------------------|
| Public authority/<br>Private stakeholder | Agriculture          | Authority   | Paying Agency (IFAP) / Ministry (GPP) | Yes                        | Yes                    | No                     | No  | competent authority |
|  |                      | Stakeholder | N/A                                   | No                         | No                     | No                     | No  |                     |
|  | Health and Nutrition | Authority   | Directorate General for Health (DGS)  | No                         | No                     | Yes                    | Yes |                     |
|  |                      | Stakeholder | N/A                                   | No                         | No                     | No                     | No  |                     |
|  | Education            | Authority   | N/A                                   | No                         | No                     | No                     | No  |                     |
|  |                      | Stakeholder | N/A                                   | No                         | No                     | No                     | No  |                     |
|  | Other                | Authority   | N/A                                   | No                         | No                     | No                     | No  |                     |
|  |                      | Stakeholder | N/A                                   | No                         | No                     | No                     | No  |                     |