## The EU school fruit, vegetables and milk scheme



# Annual monitoring report 

2021/2022 school year

Country: Finland<br>Generated on: 08/06/2023

Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.
Figures on budget execution (31 December 2021) are preliminary: corrections are possible and payments may still be made.

## 1. Budget execution

1.1. Expenditure for the supply/distribution of products (EUR)

|  | School fruit and vegetables |  |  | School milk |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fresh | Processed | Total fruits and vegetables | Drinking milk and lactose-free versions | Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa | Milk products with added flavouring, fruit, nuts or cocoa | Total milk and milk products |  |
| EU aid | 1250864 | 0 | 1250864 | 2557430 | 148340 | 163409 | 2869179 | 4120043 |
| National Funds | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| of which: Public |  |  | 0 |  |  |  | 0 | 0 |
| of which: Private |  |  | 0 |  |  |  | 0 | 0 |
| Comments |  |  |  |  |  |  |  |  |

1.2. Expenditure for the educational measures (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 157155 | 366696 | $\mathbf{5 2 3} \mathbf{8 5 1}$ |
| National Funds | 0 | 0 | $\mathbf{0}$ |
| of which: Public |  |  |  |
| of which: Private |  |  |  |
| Comments |  |  |  |
|  |  |  |  |

1.3. Expenditure for information, monitoring and evaluation (EUR)

|  | On school fruit and <br> vegetables | On school milk | Total |
| :--- | ---: | ---: | ---: |
| EU aid | 0 | 0 | 0 |
| National Funds | 0 | 0 | $\mathbf{0}$ |
| of which: Public |  |  |  |
| of which: Private |  |  |  |
| Comments |  |  |  |
|  |  |  |  |

### 2.1 Participating children

|  | Participating children |  |  |
| :---: | :---: | :---: | :---: |
|  | Number of children | Number of children who participated in the school fruit and vegetables part | Number of children who participated in the school milk part |
| Nurseries/Pre-schools | 166345 | 65532 | 165888 |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools | 490735 | 201785 | 487541 |
| Secondary schools | 153348 | 49840 | 151540 |
| Total | 810428 | 317157 | 804969 |
| Comments | For primary schools we count all the children in comprehensive schools (classes 1-10). Tehcnically classes 7-10 could be considered secondary school but for the purposes of the scheme this division is more appropriate. |  |  |

### 2.2 Number of children in the target group

|  | Number of children in the <br> target group set out in the <br> strategy |
| :--- | :--- |
| Nurseries/Pre-schools |  |
| Of which: Nurseries |  |
| Of which: Pre-schools |  |
| Primary schools |  |
| Secondary schools |  |
| Total |  |
| Comments |  |



### 2.3 Total number of children

|  | Number of children eligible <br> for the EU school fruit, <br> vegetables and milk <br> scheme |  |  |
| :--- | :---: | :---: | :---: |
| Nurseries/Pre-schools |  |  |  |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools |  |  |  |
| Secondary schools |  |  |  |
| Total |  |  |  |
| Comments |  |  |  |



### 3.1 Participating schools



### 3.2 Number of schools in the target group

|  | Number of educational <br> establishments in the target group <br> set out in the strategy |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| Nurseries/Pre-schools |  |  |  |  |
| Of which: Nurseries |  |  |  |  |
| Of which: Pre-schools |  |  |  |  |
| Primary schools |  |  |  |  |
| Secondary schools Total |  |  |  |  |
|  |  |  |  |  |
| Comments |  |  |  |  |

### 3.3 Total number of schools

| Nurseries/Pre-schools |  |  |  |
| :--- | :--- | :---: | :---: |
| Of which: Nurseries |  |  |  |
| Of which: Pre-schools |  |  |  |
| Primary schools |  |  |  |
| Secondary schools |  |  |  |
| Total |  |  |  |
| Comments |  |  |  |
|  |  |  |  |
|  |  |  |  |

### 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

### 4.1.1 Fresh fruit

|  | List |
| :--- | :---: |
| Apples | $\checkmark$ |
| Apricots |  |
| Aromatic Herbs |  |
| Avocadoes | $\checkmark$ |
| Bananas | $\checkmark$ |
| Berries |  |
| Cherries |  |
| Citrus Fruit |  |
| Figs |  |
| Grapes |  |
| Guavas/Mangoes |  |
| Kiwis |  |
| Melons |  |
| Nuts |  |
| Peaches/Nectarines |  |
| Pears |  |
| Pineapples |  |
| Plums |  |
| Quinces |  |
| Strawberries |  |
| Watermelons |  |
| Comments |  |

### 4.1.3 Processed fruit and vegetables

|  | List |
| :--- | :--- |
| Fruit Juices |  |
| Fruit Purées/Compotes |  |
| Jams/Marmalades |  |
| Dried Fruits |  |
| Vegetable Juices |  |
| Vegetables Soups |  |
| Other: |  |
| Comments |  |
|  |  |

### 4.1.2 Fresh vegetables

|  | List |
| :--- | :---: |
| Artichokes |  |
| Asparagus |  |
| Aubergines |  |
| Beet |  |
| Broccoli |  |
| Cabbages |  |
| Carrots |  |
| Cauliflowers |  |
| Celery |  |
| Chicory |  |
| Courgettes |  |
| Cucumbers |  |
| Fennel |  |
| Kohlrabi |  |
| Kale |  |
| Garlic |  |
| Gherkins |  |
| Leeks |  |
| Lettuce |  |
| Mushrooms |  |
| Onions |  |
| Parsnips |  |
| Peas |  |
| Peppers |  |
| Pulses |  |
| Pumprisinach |  |
| Radishes |  |
| Rutabagas |  |
| Salad beetroot |  |
|  |  |
|  |  |

### 4.1.4 Milk and milk products

|  | List |
| :--- | :---: |
| Drinking milk or lactose-free versions | $\checkmark$ |
| Cheese and curd | $\checkmark$ |
| Plain yoghurt | $\checkmark$ |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | $\checkmark$ |
| Milk products without fruit juice, naturally <br> flavoured |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured |  |
| Milk-based drinks with cocoa, with fruit <br> juice or naturally flavoured |  |
| Fermented or non-fermented milk products <br> with fruit, naturally flavoured or non- <br> flavoured |  |
| Comments |  |



### 4.1.5 Other agricultural products that children tasted as part of educational measures

|  | List |
| :--- | :--- |
| Table olives |  |
| Olive oil |  |
| Honey |  |
| Other: |  |
| Comments |  |



## 4.1.a) Priorities for the choice of school fruit, vegetables and milk

|  | Yes/No | Comments |
| :--- | :--- | :--- |
| Local/regional purchasing |  |  |
| Organic products |  |  |
| Short supply chains |  |  |
| Quality schemes |  |  |
| Fair trade |  |  |
| Other: |  |  |

4.2 Average size of portion of school fruit, vegetables and milk $(\mathrm{Kg} / \mathrm{Lt})$

|  | School fruit and vegetables | School milk |
| :---: | :---: | :---: |
| Kg | 0.03 | 0.01 |
| Liters | 0.00 | 0.09 |
| Comments |  | The calculation for school milk/kg is in fact 0,003 but due to the restrictions on the table it is marked 0,01 . |

4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

|  | School fruit and vegetables | School milk |
| :--- | ---: | ---: |
| EU aid | 0.03 |  |
| National aid (private/public) |  |  |
| Comments |  |  |

4.3.a Average cost of portion of apples in bulk (EUR)

|  | Portion of apples in bulk |
| :--- | :--- |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |
|  |  |

## 4.3.b Average cost of portion of drinking milk (EUR)

|  | Portion of drinking milk |
| :--- | :---: |
| EU aid |  |
| National aid (private/public) |  |
| Comments |  |
|  |  |


4.4. Frequency of supply/distribution of school fruit, vegetables and milk

|  | School fruit and vegetables | School milk |  |  |  |
| :--- | :--- | :---: | :---: | :---: | :---: |
| Once per week |  |  |  |  |  |
| Twice per week |  |  |  |  |  |
| Three times per week |  |  |  |  |  |
| Four times per week |  |  |  |  |  |
| Daily | Daily during two application periods <br> 1.8.-31.12.2021 and 1.2.-30.4.2022 |  |  |  |  |
| Other: |  |  |  |  |  |
| Comments |  |  |  |  |  |

### 4.5. Duration of supply/distribution of fruit, vegetables and milk

|  | School fruit and vegetables | School milk |
| :--- | :--- | :---: |
| $\leq 2$ weeks |  |  |
| $>2$ and $\leq 4$ weeks |  |  |
| $>4$ and $\leq 12$ weeks |  |  |
| $>12$ and $\leq 24$ weeks |  |  |
| $>24$ and $\leq 36$ weeks |  |  |
| Entire school year |  |  |
| Other: please specify under comments |  |  |
| Comments |  |  |

## 4.5.a. Supplied/distributed portions

|  | School fruit and vegetables | School milk |
| :--- | ---: | ---: |
| Number of portions supplied/distributed per <br> child | 139 | 197 |
| Comments |  |  |

4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

### 4.6.1 Fresh fruit and vegetables

|  |  | Quantity | Of which organic products |  |
| :--- | :--- | ---: | :--- | :--- |
| Fresh fruit and vegetables | Quantity in kg | 1309173 |  |  |
| Of which: Fruit | Quantity in kg | 470743 |  |  |
| Of which: Vegetables | Quantity in kg | 838430 |  |  |

### 4.6.2 Processed fruit and vegetables

| Processed fruit and vegetables |  |  | Quantity in kg | Quantity |
| :--- | :--- | :--- | :--- | :--- |
|  | Of which organic products |  |  |  |
|  | Quantity in litres | 0 |  |  |
| Of which: Fruit juices | Quantity in litres |  |  |  |
| Of which: Fruit purees/compotes | Quantity in kg |  |  |  |
| Of which: Jams/Marmalades | Quantity in kg |  |  |  |
| Of which: Dried fruits | Quantity in kg |  |  |  |
| Of which: Vegetable juices | Quantity in litres |  |  |  |
| Of which: Vegetable soups | Quantity in litres |  |  |  |
| Of which: Other | Quantity in kg |  |  |  |

### 4.6.3 Milk and milk products

|  |  |  | Quantity | Of which organic products |
| :--- | :--- | ---: | :--- | :--- |
| Drinking milk and lactose-free versions | Quantity in litres | 12845002 |  |  |
| Cheese and curd | Quantity in kg | 221465 |  |  |
| Plain yoghurt | Quantity in kg | 214400 |  |  |
| Milk products without added sugar, <br> flavouring, fruit, nuts or cocoa | Quantity in kg | 0 |  |  |
|  | Quantity in litres | 1048600 |  |  |
| Milk products without fruit juice, <br> naturally flavoured | Quantity in kg | 0 |  |  |
| Milk products with fruit juice, naturally <br> flavoured or non-flavoured | Quantity in kg | 0 |  |  |
| Milk-based drinks with cocoa, with fruit <br> juice or naturally flavoured | Quantity in litres | 0 |  |  |
| Milk products with fruit, naturally <br> flavoured or non-flavoured | Quantity in kg | 0 |  |  |

### 4.6.4 Other agricultural products

|  |  |  | Quantity | Of which organic products |
| :--- | :--- | ---: | :--- | :--- |
| Olive/olive oil | Quantity in kg | 0 |  |  |
|  | Quantity in litres | 0 |  |  |
| Honey | Quantity in kg | 0 |  |  |
| Others: | Quantity in kg | 0 |  |  |

### 5.1 Educational measures carried out

|  |  | Number of schoolchildren | Comments |
| :---: | :---: | :---: | :---: |
| Type of measure | School gardens | 0 | RuokaTutka doesn't have measures that involve school gardens |
|  | Visits to farms, dairies, famers' markets and similar activities | 134250 | "Totally eleven remote farm, dairy and farmer's market visit in digital lessons (includes two recordings) for children. Topics were dairy cattle, the journey of milk, dairy, vegetables in farm and markets. <br> Two Youtube-video visits to milkfarm and tomato garden. <br> Combined number of schoolchildren is an estimate based on attendees and YouTube, Facebook, and Instagram viewers and reach of the videos and recordings." |
|  | Tasting classes, cooking workshops, other | 89522 | "Two remote school visit digital lessons (includes two recordings) with the theme of Taste School and cooking. <br> Two YouTube videos on what you can make from milk or tomatoes. <br> RuokaTutka envoy digital classes on taste and basic flavors for school classes. <br> Combined number of schoolchildren is an estimate based on attendees and YouTube, Facebook, and Instagram viewers and reach of the recordings and videos." |
|  | Lessons, lectures, workshops | 324947 | "Two digital lesson for children about school lunch and senses. <br> Digital lesson for children about good diet. <br> Webinars and workshops about food education for teacher's has been produced in RuokaTutka. <br> These have potentially reached thousands of children indirectly. <br> In addition to the number of participants, the total number includes the views or reach of social media." |
|  | Other activities: competitions, games, themed periods ... | 698491 | "The number includes unique viewers of online games, ThingLink learning environments, theme week materials and other exercises and learning matherial on website and social media, reach of incluencer campaigns on social media and number of nutrition themed printed excercise books sent. <br> RuokaTutka has also approached teachers through online fairs and marketing, print ads and newsletters which have potentially indirectly reached thousands of children. <br> In addition to this number RuokaTutka has been present in schools and daycare centers because of the mandatory poster (approx. 5800 schools/daycare centers that means about 820000 children ). Note! This is not included in the number of children." |

### 5.2 Theme(s) of the educational measures carried out

|  |  | Yes/No | Comments |
| :--- | :--- | :---: | :--- |
| Theme(s) | Reconnection of children <br> to agriculture | Yes |  |
|  | Healthy eating habits | Yes |  |
|  | Local food chains | Yes |  |
|  | Organic | Yes |  |
|  | Sustainable production | Yes |  |
|  | Food waste | Yes |  |
|  | Other: <br> under comments | Yes | Cooking, Tasting, Media education, School lunch |

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## 6. Communication activities carried out

|  |  | Yes/No | Comments |
| :---: | :---: | :---: | :---: |
| Activity carried out/tool used |  |  | Part of the RuokaTutka campaign |
|  | Poster at school premises | Yes |  |
|  | Poster at other relevant places | No |  |
|  | Dedicated website(s) | No |  |
|  | Informative graphic material | No |  |
|  | Information and awareness campaign (TV, radio, social media) | No |  |
|  | Others (e.g. networking activities) | No |  |



|  |  |  | Name | Involved in Planning | Involved in Implementation | Involved in Monitoring | Involved in Evaluation | Responsible for implementation / supervision /advice (if yes, please specify for which of those under comments) | Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments) | Participation in regular meetings | Events (conferences/semi nars, workshops ...) (if yes, please specify which event/s under comments) | Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments) | other (if yes, please specify under comments) | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Ministry of Agriculture and Forestry | Yes | No | No | No | No | No | No | No | No | No |  |
|  |  |  | The Central Union for Agricultural Producers and Forest Owners (MTKO | No | No | No | No | No | No | No | No | No | Yes | Commented on national legislation. |
|  |  |  | The Ministry of Social Affairs and Health | No | No | No | No | No | No | No | No | No | Yes | Had the opportunity to comment on national legislation, chose not to comment. |
|  |  |  | The Finnish Institute for Health amd Welfare (THL) | No | No | No | No | No | No | No | No | No | Yes | Commented on national legislation. |
|  |  |  | Ministry of Education and Culture | No | No | No | No | No | No | No | No | No | Yes | Commented on national legislation. |
|  |  |  | The Finnish National Agency for Education | No | No | No | No | No | No | No | No | No | Yes | Commented on national legislation. |
|  | $\begin{aligned} & \text { む } \\ & \stackrel{y}{\circ} \end{aligned}$ |  | Ministry of Finance | Yes | No | No | No | No | No | No | No | No | No | Commented on national legislation. |
|  |  |  | Cocomms Oy | Yes | Yes | Yes | No | Yes | No | Yes | No | No | No | Carries out/implements the additional educational measures RuokaTutka. |

