# The EU school fruit, vegetables and milk scheme



# **Annual monitoring report**

2021/2022 school year

Country: Finland

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Information by the country's competent authorities. The report is sent to, but not approved by, the Commission that may make comments.

Non-mandatory information, nevertheless recommended for the quality of the report, in grey.

Figures on budget execution (31 December 2021) are preliminary: corrections are possible and payments may still be made.

# 1. Budget execution

### 1.1. Expenditure for the supply/distribution of products (EUR)

	Sch	School fruit and vegetables School milk						
	Fresh	Processed	Total fruits and vegetables	Drinking milk and lactose-free versions	Cheese, curd, yoghurt and other milk products with no added flavouring, fruit, nuts or cocoa	Milk products with added flavouring, fruit, nuts or cocoa	Total milk and milk products	Total
EU aid	1 250 864	0	1 250 864	2 557 430	148 340	163 409	2 869 179	4 120 043
National Funds	0	0	0	0	0	0	0	0
of which: Public			0				0	0
of which: Private			0				0	0
Comments								

#### 1.2. Expenditure for the educational measures (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	157 155	366 696	523 851
National Funds	0	0	0
of which: Public			
of which: Private			
Comments			

#### 1.3. Expenditure for information, monitoring and evaluation (EUR)

	On school fruit and vegetables	On school milk	Total
EU aid	0	0	0
National Funds	0	0	0
of which: Public			
of which: Private			
Comments			

2.1 Participating children

	Participating children		
	Number of children	Number of children who participated in the school fruit and vegetables part	Number of children who participated in the school milk part
Nurseries/Pre-schools	166 345	65 532	165 888
Of which: Nurseries			
Of which: Pre-schools			
Primary schools	490 735	201 785	487 541
Secondary schools	153 348	49 840	151 540
Total	810 428	317 157	804 969
Comments	For primary schools we count all the children in comprehensive schools (classes 1-10). Tehcnically classes 7-10 could be considered secondary school but for the purposes of the scheme this division is more appropriate.		

2.2 Number of children in the target group

	<u> </u>
	Number of children in the target group set out in the strategy
Nurseries/Pre-schools	
Of which: Nurseries	
Of which: Pre-schools	
Primary schools	
Secondary schools	
Total	
Comments	



2.3 Total number of children

	Number of children eligible
	for the EU school fruit,
	vegetables and milk
	scheme
Nurseries/Pre-schools	
Of which: Nurseries	
Of which: Pre-schools	
Primary schools	
Secondary schools	
Total	
Comments	



# 3.1 Participating schools

	Participating schools		
	Number of schools	Number of schools that participated in the school fruit and vegetables part	Number of schools that participated in the school milk part
Nurseries/Pre-schools	2 524	959	2 510
Of which: Nurseries			
Of which: Pre-schools			
Primary schools	2 287	940	2 270
Secondary schools	372	113	371
Total	5 183	2 012	5 151
Comments			

# 3.2 Number of schools in the target group

	Number of educational establishments in the target group set out in the strategy
Nurseries/Pre-schools	
Of which: Nurseries	
Of which: Pre-schools	
Primary schools	
Secondary schools	
Total	
Comments	

#### 3.3 Total number of schools

Nurseries/Pre-schools	
Of which: Nurseries	
Of which: Pre-schools	
Primary schools	
Secondary schools	
Total	
Comments	



# 4.1 Products supplied/distributed to schoolchildren and, if applicable, tasted by schoolchildren as part of educational measures

#### 4.1.1 Fresh fruit

4.1.1 Fresh fruit	
	List
Apples	<b>✓</b>
Apricots	
Aromatic Herbs	
Avocadoes	
Bananas	✓
Berries	✓
Cherries	
Citrus Fruit	✓
Figs	
Grapes	
Guavas/Mangoes	
Kiwis	
Melons	
Nuts	
Peaches/Nectarines	
Pears	
Pineapples	
Plums	
Quinces	
Strawberries	✓
Watermelons	
Comments	



#### 4.1.2 Fresh vegetables

	J	
		List
	Artichokes	
	Asparagus	
	Aubergines	
	Beet	✓
	Broccoli	
	Cabbages	✓
	Carrots	✓
	Cauliflowers	✓
	Celery	
	Chicory	
	Courgettes	
	Cucumbers	✓
	Fennel	
	Kohlrabi	
	Kale	
	Garlic	
	Gherkins	
	Leeks	
	Lettuce	
	Mushrooms	
	Onions	
	Parsnips	
	Peas	✓
	Peppers	
	Pulses	
	Pumpkins	
ı	Radishes	
ı	Rutabagas	✓
	Salad beetroot	
	Salsifis	
	Spinach	
	Tomatoes	<u>√</u>
	Turnips	
	Comments	

#### 4.1.3 Processed fruit and vegetables

	List
Fruit Juices	
Fruit Purées/Compotes	
Jams/Marmalades	
Dried Fruits	
Vegetable Juices	
Vegetables Soups	
Other:	
Comments	



# 4.1.4 Milk and milk products

·	1
	List
Drinking milk or lactose-free versions	✓
Cheese and curd	✓
Plain yoghurt	✓
Milk products without added sugar,	1
flavouring, fruit, nuts or cocoa	•
Milk products without fruit juice, naturally	
flavoured	
Milk products with fruit juice, naturally	
flavoured or non-flavoured	
Milk-based drinks with cocoa, with fruit	
juice or naturally flavoured	
Fermented or non-fermented milk products	
with fruit, naturally flavoured or non-	
flavoured	
Comments	



# 4.1.5 Other agricultural products that children tasted as part of educational measures

	List
Table olives	
Olive oil	
Honey	
Other:	
Comments	



# 4.1.a) Priorities for the choice of school fruit, vegetables and milk

	Yes/No	Comments
Local/regional purchasing		
Organic products		
Short supply chains		
Quality schemes		
Fair trade		
Other:		

# 4.2 Average size of portion of school fruit, vegetables and milk (Kg/Lt)

	School fruit and vegetables	School milk
Кg	0.03	0.01
Liters	0.00	0.09
Comments		The calculation for school milk/kg is in fact 0,003 but due to the restrictions on the table it is marked 0,01.

#### 4.3 Average cost of portion of school fruit, vegetables and milk (EUR)

	School fruit and vegetables	School milk
EU aid	0.03	0.02
National aid (private/public)		
Comments		

# 4.3.a Average cost of portion of apples in bulk (EUR)

	Portion of apples in bulk
EU aid	
National aid (private/public)	
Comments	

# 4.3.b Average cost of portion of drinking milk (EUR)

Portion of drinking milk



# 4.4. Frequency of supply/distribution of school fruit, vegetables and milk

	School fruit and vegetables	School milk
Once per week		
Twice per week		
Three times per week		
Four times per week		
Daily	<b>√</b>	✓
Other:		
Comments	Daily during two application periods 1.831.12.2021 and 1.230.4.2022	

# 4.5. Duration of supply/distribution of fruit, vegetables and milk

	School fruit and vegetables	School milk
≤ 2 weeks		
> 2 and ≤ 4 weeks		
> 4 and ≤ 12 weeks		
> 12 and ≤ 24 weeks		
> 24 and ≤ 36 weeks	<b>√</b>	
Entire school year		✓
Other: please specify under comments		
Comments		

# 4.5.a. Supplied/distributed portions

	School fruit and vegetables	School milk
Number of portions supplied/distributed per child	139	197
Comments		

# 4.6. Quantities of school fruit, vegetables and milk supplied/distributed and, if applicable, of other agricultural products that children tasted under educational measures

#### 4.6.1 Fresh fruit and vegetables

		Quantity	Of which organic products	Comments
Fresh fruit and vegetables	Quantity in kg	1 309 173		
Of which: Fruit	Quantity in kg	470 743		
Of which: Vegetables	Quantity in kg	838 430		

#### 4.6.2 Processed fruit and vegetables

		Quantity	Of which organic products	Comments
Quantity in kg	Quantity in kg	0		
Processed fruit and vegetables	Quantity in litres	0		
Of which: Fruit juices	Quantity in litres			
Of which: Fruit purees/compotes	Quantity in kg			
Of which: Jams/Marmalades	Quantity in kg			
Of which: Dried fruits	Quantity in kg			
Of which: Vegetable juices	Quantity in litres			
Of which: Vegetable soups	Quantity in litres			
Of which: Other	Quantity in kg			

#### 4.6.3 Milk and milk products

·		Quantity	Of which organic products	Comments
Drinking milk and lactose-free versions	Quantity in litres	12 845 002		
Cheese and curd	Quantity in kg	221 465		
Plain yoghurt	Quantity in kg	214 400		
Milk products without added sugar,	Quantity in kg	0		
flavouring, fruit, nuts or cocoa	Quantity in litres	1 048 600		
Milk products without fruit juice, naturally flavoured	Quantity in kg	0		
Milk products with fruit juice, naturally flavoured or non-flavoured	Quantity in kg	0		
Milk-based drinks with cocoa, with fruit juice or naturally flavoured	Quantity in litres	0		
Milk products with fruit, naturally flavoured or non-flavoured	Quantity in kg	0		

#### 4.6.4 Other agricultural products

		Quantity	Of which organic products	Comments
Olive/olive oil	Quantity in kg	0		
	Quantity in litres	0		
Honey	Quantity in kg	0		
Others:	Quantity in kg	0		

# 5.1 Educational measures carried out

		Number of schoolchildren	Comments					
	School gardens	0	RuokaTutka doesn't have measures that involve school gardens					
	Visits to farms, dairies, famers' markets and similar activities	134 250	"Totally eleven remote farm, dairy and farmer's market visit in digital lessons (includes two recordings) for children. Topics were dairy cattle, the journey of milk, dairy, vegetables in farm and markets.  Two Youtube-video visits to milkfarm and tomato garden.  Combined number of schoolchildren is an estimate based on attendees and YouTube, Facebook, and Instagram viewers and reach of the videos and recordings."					
	Tasting classes, cooking workshops, other	89 522	"Two remote school visit digital lessons (includes two recordings) with the theme of Taste School and cooking. Two YouTube videos on what you can make from milk or tomatoes. RuokaTutka envoy digital classes on taste and basic flavors for school classes. Combined number of schoolchildren is an estimate based on attendees and YouTube, Facebook, and Instagram viewers and reach of the recordings and videos."					
Type of measure	Lessons, lectures, workshops	324 947	"Two digital lesson for children about school lunch and senses.  Digital lesson for children about good diet.  Webinars and workshops about food education for teacher's has been produced in RuokaTutka.  These have potentially reached thousands of children indirectly.  In addition to the number of participants, the total number includes the views or reach of social media."					
	Other activities: competitions, games, themed periods	698 491	"The number includes unique viewers of online games, ThingLink learning environments, theme week materials and other exercises and learning matherial on website and social media, reach of incluencer campaigns on social media and number of nutrition themed printed excercise books sent.  RuokaTutka has also approached teachers through online fairs and marketing, print ads and newsletters which have potentially indirectly reached thousands of children.  In addition to this number RuokaTutka has been present in schools and daycare centers because of the mandatory poster (approx. 5800 schools/daycare centers that means about 820 000 children). Note! This is not included in the number of children."					

# 5.2 Theme(s) of the educational measures carried out

		Yes/No	Comments
	Reconnection of children to agriculture	Yes	
	Healthy eating habits	Yes	
	Local food chains	Yes	
Theme(s)	Organic	Yes	
	Sustainable production	Yes	
	Food waste	Yes	
	Other: please specify under comments	Yes	Cooking, Tasting, Media education, School lunch



# 6. Communication activities carried out

		Yes/No	Comments
	Poster at school premises	Yes	Part of the RuokaTutka campaign
	Poster at other relevant places	No	
Activity carried	Dedicated website(s)	No	
out/tool used	Informative graphic material	No	
	Information and awareness campaign (TV, radio, social media)	No	
	Others (e.g. networking activities)	No	



#### 7. Authorities and stakeholders involved

			Name	Involved in Planning	Involved in Implementation	Involved in Monitoring	Involved in Evaluation	Responsible for implementation / supervision /advice (if yes, please specify for which of those under comments)	Member of Steering / Consultative or Coordination / Monitoring Committee (if yes, please specify which committee or group under comments)	Participation in regular meetings	Events (conferences/semi nars, workshops) (if yes, please specify which event/s under comments)	Surveys or other information / communication activities, including through web and social media (if yes, please specify which activity/ies under comments)	Other (if yes, please specify under comments)	Comments
	lture	Authority	Ministry of Agriculture and Forestry	Yes	No	No	No	No	No	No	No	No	No	
	Agriculture	Stakeholder	The Central Union for Agricultural Producers and Forest Owners (MTKO	No	No	No	No	No	No	No	No	No	Yes	Commented on national legislation.
lder	Nutrition	Authority	The Ministry of Social Affairs and Health	No	No	No	No	No	No	No	No	No	Yes	Had the opportunity to comment on national legislation, chose not to comment.
Public authority/ Private stakeholder	Health and Nutrition	Stakeholder	The Finnish Institute for Health amd Welfare (THL)	No	No	No	No	No	No	No	No	No	Yes	Commented on national legislation.
c authority/ P	ıtion	Authority	Ministry of Education and Culture	No	No	No	No	No	No	No	No	No	Yes	Commented on national legislation.
Publi	Education	Stakeholder	The Finnish National Agency for Education	No	No	No	No	No	No	No	No	No	Yes	Commented on national legislation.
	er	Authority	Ministry of Finance	Yes	No	No	No	No	No	No	No	No	No	Commented on national legislation.
	Other	Stakeholder	Cocomms Oy	Yes	Yes	Yes	No	Yes	No	Yes	No	No	No	Carries out/implements the additional educational measures RuokaTutka.